SHOW YOUR GAME DAY TICKET AND RIDE FREE* TO AND FROM ALL BOMBER HOME GAMES.
*FREE TRANSIT Offer applies 2 hours before kick-off until end of service.
BOMBER FAN FARE 11

IT'S STILL A 9-11 WORLD
LESSONS LEARNED FROM THE TRAGEDY AND HOW CANADIANS ROSE TO THE CHALLENGE {pages 7-9}

EASTER SEALS™
MILLION DEALS
LOTTO
YOUR CHANCE TO WIN
$3 MILLION
TO ORDER CALL
988-3333
WWW. EASTER SEALS MILLION DEALS .COM
smd FOUNDATION
Easter Seals
BUY 2 TICKETS GET 1 FREE
All proceeds support individuals with disabilities
License MGCC3031RF

WINNIPEG metro
Weekend, September 9-11, 2011
www.metronews.ca
News worth sharing.

LIAM RICHARDS/THE CANADIAN PRESS

Battle of the fans

▶ During the Banjo Bowl, it's as much about the fans as it is about the game. Story, page 4.

We All Have Ability To Give
Society for Manitobans with Disabilities (SMD)
smd FOUNDATION
Easter Seals
www.smd.mb.ca

ROGERS

WINNIPEG
AirSource
212 Henderson Hwy.
(204) 989-2954

AirSource
1200 McPhillips St.
(204) 989-2927

AirSource
671 Pembina Hwy.
(204) 925-1260

AirSource
2599 Pembina Hwy.
at Bison Dr.
(204) 261-1234

AirSource
University Centre
University of Manitoba
(204) 987-3444

AirSource
Portage Place
(204) 946-0721

AirSource
2609 Portage Ave. at Moray
(204) 954-2939

AirSource
1500 Regent Ave. W
(204) 988-3080

AirSource
St. Vital Centre Kiosk
(204) 989-2939

AirSource
St. Vital Centre
(204) 989-2940

SI Wireless Communications
1132 Portage Ave.
(204) 231-1600

SI Wireless Communications
661 Corydon Ave.
(204) 231-1650

SI Wireless Communications
Winnipeg Square
(204) 944-8070

Teleco
Kenaston Common
(Waverley at McGillivray)
(204) 947-9570

Teleco
948 St. James St.
(204) 831-1234

STEINBACH
Nickel Communications
Unit H – 197 Main St.
(204) 326-4988

WINKLER
Nickel Communications
9 – 820 Triple E Blvd.
(204) 325-4121

BRANDON
Teleco
Unit B3 – 1128B 18th St.
(204) 727-0100

NEEPAWA
Neepawa True Value
268 Hamilton St.
(204) 476-2333

STONEWALL
TMC Distribution
325 Main St.
(204) 467-2014

PORTAGE LA PRAIRIE
Reimer Antenna Service
1000 Saskatchewan Ave. W
(204) 857-9001

SWAN RIVER
Sears Swan River
619 Main St.
(204) 734-4541

DAUPHIN
North of 51 Designs &
Computers
12 2nd Ave. NW
(204) 638-7148

THOMPSON
Unite 24/7
City Centre Mall
(204) 677-3212

THE PAS
Sound Innovations
317 Fischer Ave.
(204) 623-7171

FLIN FLON
Sears Flin Flon
35 Main St.
(204) 687-7581

ROGERS plus

WINNIPEG
Kildonan Place
(204) 667-8248

Garden City Shopping Centre
(204) 339-8895

Polo Park
(204) 774-2412

1853 Grant Ave.
(204) 488-4969

2855 Pembina Hwy.
(204) 275-2233

3500 Portage Ave.
(204) 837-1234

756 Pembina Hwy.
(204) 452-1234

823 McLeod Ave.
(204) 654-1234

47 Goulet St.
(204) 237-7496

Polo Park Kiosk
(204) 788-0280

BRANDON
Brandon Shoppers Mall
(204) 571-6976

1830 Park Ave.
(204) 727-2580

THOMPSON
15 Selkirk Ave.
(204) 778-5153

ONLY ROGERS FAMILIES CAN ADD THEIR KIDS TO THEIR PLAN

FOR ONLY $17.97 ±/MONTH/EACH ON SELECT VOICE FAMILY PLANS

INCLUDES ALL MONTHLY FEES

AND GET:

UNLIMITED EXTREME TEXT MESSAGING[1]
UNLIMITED CANADA-WIDE FAMILY PLAN CALLING
UNLIMITED PIC & VIDEO MESSAGING[1]
UNLIMITED MY5 LOCAL CALLING & MESSAGING[2]
UNLIMITED TALK EVENINGS & WEEKENDS[3]
AND MORE...

PLUS WITH THE **UNLIMITED FAMILY PLAN**
GET A CHOICE OF GREAT NEW PHONES FROM **$0** WITH A 3-YR. TERM ON SELECT DEVICES

CALL 1 866 801-3490

ANOTHER FIRST. ONLY FROM ROGERS™

Offer ends October 31, 2011. Listed features based on Couples & Family Voice plans from $70.94/mo. (for 2 lines) with 3-yr. term. Early cancellation fees apply. All members on same account must activate on same plan. Plans require min. 2 to max. 5 lines. Lines may be added any time. New lines added require primary line be renewed for same period. ±**Includes the Government Regulatory Recovery Fee which varies by province and ranges from $2.35-$2.97/line/month ($2.35 AB/BC/MB/ON, $2.75 QC, $2.88 NB, $2.97 NL, $2.78 NS, $2.85 PEI, $2.97 SK)**. It is applied to help fund fees, costs and other amounts related to federal, provincial and/or municipal mandates, programs and requirements. **It is not a tax or charge the government requires Rogers to collect and is subject to change**. See rogers.com/regulatoryfee for details. A one-time Activation Fee of up to $35 (varies by province) also applies. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. **1** Compatible device required. Includes unlimited Extreme Text/picture/video messages sent from Canada to Canadian wireless number and received texts from anywhere. Sent/received premium texts (alerts, messages related to content and promotions), sent international texts and sent/received Extreme Text/picture/video/IM/email (as applicable) while roaming not included and charged at applicable rates. To learn more about Extreme Text, go to rogers.com/extremetextmessaging. **2** Unlimited local calls, Extreme Text/picture/video messages apply to 5 numbers on MY5 list. Long distance, text-to-landline and roaming charges extra. Only 10-digit Canadian-based numbers eligible (excludes customers' own wireless number, voicemail retrieval number and special numbers like 1-800/1-900). One MY5 update/month. Excludes premium messages (roaming, international, alerts, contests and promotions). **3** Includes local calls evenings from 9 pm to 7 am Mon-Fri and weekends from 9 pm Fri to 7 am Mon. ©2011

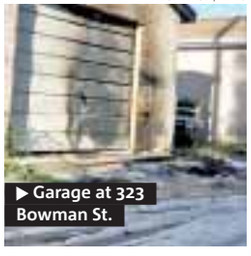
Garages damaged in two fires

Winnipeg police say about $15,000 in damage was caused after two overnight garage fires in Elmwood.

Police said firefighters went to a call about a garage fire in the 300 block of Jamison Street, and while firefighters were putting out that fire, they saw smoke coming from nearby Bowman Street. The first garage is a total loss at $10,000. The second garage is estimated to have suffered $5,000 damage.

Winnipeg police spokesperson Const. Jason Michalyshen said both fires are being treated as suspicious. ELISHA DACEY

ELISHA DACEY/METRO



▶ Garage at 323 Bowman St.

COURTESY OF THE DOWNTOWN BIZ

▶ Amber van den Broek with Hot and Bothered performs at the ManyFest media sneak preview Wednesday.

Summer comes to an end with ManyFest

Celebration offers events for everyone, including a wine-and-cheese festival and an outdoor movie ◐ Weekend wraps with Ciclovia on Sunday

ASHLEY GABOURY
WINNIPEG@METRONEWS.CA

Just in time to wrap up the summer season, ManyFest will take over downtown Winnipeg this weekend.

"It's a really nice way to finish off the summer and, fingers crossed, we're going to have wonderful later summer weather for it," said Jennifer Verch, spokesperson for the Downtown Winnipeg BIZ.

ManyFest evolved out of 2009's Ciclovia and 2010's Five Events, One Weekend.

Some of the events planned include Big Dance on Broadway, an all-weekend wine-and-cheese festival, and the Broadway Farmers' & Artisans' Market.

Verch said there are a few events new to this year's ManyFest including an outdoor movie in Memorial Park (Toy Story 3) and the addition of a five-kilometre run or walk to the 10 & 10 Race.

Those riding bikes can take advantage of the free bike valet.

The weekend wraps up with Ciclovia, which will allow participants to bike, jog or even rollerblade all the way from Assiniboine Park to The Forks.

"The whole idea is closing down the street to motorized traffic so that people can take over the streets again," said Verch. "It's all about the community coming out on the streets."

ManyFest is in support of Change for the Better, which supports homelessness employment programs." Verch said organizers also encourage festival-goers to Bring a Tin for the Bin for Winnipeg Harvest.

ManyFest

ManyFest will take place Sept. 9-11 on Broadway, from Memorial Boulevard to Main Street.
Other events:

- **Lights on Broadway.** Sept. 10 at sundown, approximately 8 p.m.
- **Kids' Zone.** Sept. 10, 4-11 p.m., Sept. 11, 11 a.m.-8 p.m.
- **Ciclovia.** Sept. 11, 11 a.m.-8 p.m. Activities include: AceArt soap box derby, bike show, belly dancing and Zumba.

1 news

Prevention experts say that removing the cloak of silence around suicide is the best way to prevent it. Scan code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Harper's address to Tory caucus warns of uncertainty in the global economy. Video at metronews.ca

Follow us on Twitter @metrowinnipeg

Become a Plasma Donor

We are looking for healthy people with negative blood types to donate plasma. Plasma will be used to create a medication that can save babies lives. Plasma donors are compensated for their time.

cangeneplasma.com (204) 771-2804

TEXTING WHILE DRIVING

Man dies after teen smashes into car

A 53-year-old man is dead after a Winnipeg teen, who was texting and driving, smashed into the man's vehicle head-on.

Winnipeg police said the 19-year-old was driving a Toyota pick-up truck eastbound on Dugald Road near Goodyear Avenue in north Winnipeg. Because he was texting, he failed to notice traffic in front of him had stopped.

The teen then veered into the westbound lanes to avoid rear-ending the car in front of him, but instead smashed into a Dodge Neon head-on.

The driver of the Neon was taken to the hospital in critical condition, but later succumbed to his injuries. The 19-year-old driver was originally charged with criminal negligence causing bodily harm and possession of a prohibited weapon, but a police spokesperson said the charges will likely be updated to criminal negligence causing death.

ELISHA DACEY

Store owner wins $1M lottery ticket

MANITOBA LOTTERIES/COURTESY

▶ Byung Cho is Manitoba's newest millionaire.

A Winnipeg convenience store owner is $1 million richer after a lottery ticket he purchased at his store hit the jackpot.

Byung Cho won after buying a $28 ticket on the Western 649 lottery at his shop, Mak Milk.

The Western Canada Lottery Corp. says Byung carried on working the rest of the day, despite the fact his ticket won $1,006,750 in total.

In a statement released by the corporation, Cho says he just smiled when he realized his win because no one else was there at the time.

The corporation says all major lottery claims are reviewed to make sure the person claiming the cash prize is the rightful holder of the ticket.

Since Cho owns the store where he purchased the ticket, the corporation says the process included additional questions and review before a cheque was issued.

"I want to put it in the bank and take time to think about it," Cho said in a news release.

THE CANADIAN PRESS

Fan frenzy over Banjo Bowl

- Expect to see blue-painted faces and giant blue noisemakers
- Banjo Bowl brings Bomber-Rider rivalry to new decibels

ELISHA DACEY
@METRONEWS.CA

LIAM RICHARDS/THE CANADIAN PRESS

▶A Winnipeg Blue Bombers fan reminds the Saskatchewan Roughriders bench how many games they have lost as CFL football action at Mosaic Stadium comes to an end on Sept. 4 in Regina.

Anyone who has sat in Canad Inns Stadium this season knows just how loud it's become — loud enough to rival the decibel level during a Winnipeg Whiteout, and certainly loud enough to rival the noise at Mosaic Stadium in Regina.

"Oh man, to call it loud is an understatement," said Bomber season ticket holder Ian Shane, 42. "I've had season tickets for years and it's beyond anything I've heard at the stadium before."

Shane said while he won't be painting his chest blue, he will be decked out in his navy blue Bomber jersey with the name Stegall on the back, and plans to bring his cowbell.

"The Banjo Bowl is just a lot of fun," said Shane. "What's great is that people travel to both (the Labour Day Classic and the Banjo Bowl) so we get a real mix, and we all get to make fun of each other."

Shane said he fully expects to have to wade through a bunch of "watermelon-tooting green goons" on Sunday at Canad Inns Stadium. "When they lose, maybe I'll buy one of the fans a beer. Nah."

James Sigurdson was in Regina for the Labour Day Classic and said while he took some ribbing for wearing his blue-and-gold, he had fun, despite the Bomber loss.

"But even though we lost, Saskatchewan is still backwards," Sigurdson said. "It's just 7-2 to 2-7, now.

"Swaggerville will be back."

Game on!

- Game time is 3 p.m. at Canad Inns Stadium. Tickets have long been sold out, so cosy up to your plasma TV.
- There will be lots for fans to do this weekend, including autograph sessions at Upperdeck Sports Bar on Friday at 7 p.m., Family Day at 10 a.m. on Saturday at Canad Inns Stadium with free pancakes, a Rider Dunk Tank and more autographs.

SUPPLIED

▶ Giveaway goodies should be labelled as such.

Giveaway weekend begins Saturday

The twice-yearly City of Winnipeg Curbside Giveaway weekend is happening Saturday and Sunday.

The rules for giving: Put unwanted clean, unbroken items at the curb on your front street. Label each item with a FREE sticker or sign. Keep items you don't want to give away out of sight. And if no one takes it — take the item off the curb by sundown on Sunday.

The rules for taking: Only take items marked FREE. Respect other people's properties by not walking or driving onto lawns. Don't leave items on other people's lawns, and obey the traffic laws.

Good giveaway items: Books, CDs, DVDs, furniture, electronics, small appliances, sports equipment, toys, yard and garden tools, kitchen gadgets and dishes, unwanted gifts, clothing.

Bad giveaway items: Hazardous material, items that may be unsafe, items like mattresses and linens that may contain bedbugs.

METRO

ST.JOHN'S
Residents Association
Festival of Dreams
Ralph Brown Community Centre
460 Andrews Street
September 24th
1 pm to 4 pm
Free lunch provided with live music, prizes and entertainment
For more information contact Joy at 927-2340 or by email at stjohnsra@gmail.com

Provincial election day is

Tuesday, October 4

Get on the list!
If you were not enumerated, you can still get your name on the voters list.

Contact your returning office to have your name added to the list. An election official can come to your home, or you can go to the returning office. Be sure to bring photo ID or two other documents with your name.

What if I will be away?
If you will be away on election day and during advance voting (September 24 to October 1), you can apply to be an absentee voter.

Potential candidates, file your nomination:
Official nomination forms are available from your returning office and our website. Completed forms must be received at the returning office before 1:00 pm, Tuesday, Sept. 13.

Find your returning office on our website or call Elections Manitoba:

Ph. **945-3225** • Toll-free **1-866-628-6837**

electionsmanitoba.ca

*Democracy is stronger **with all of us.***

ElectionsManitoba

Canada's Got Talent, but can you measure up?

No age limits, so those who audition could be 3 or 113

ASHLEY GABOURY
WINNIPEG@METRONEWS.CA

Get on your dancing shoes and brush up on your juggling skills because Canada's Got Talent is coming to Winnipeg.

More than 1,000 people are expected to line up at the Winnipeg Convention Centre Friday and Saturday, hoping to wow producers on the Canadian version of the popular Britain's Got Talent series.

Executive producer John Brunton said he has "no idea what we're in for" when auditions kick off.

"What's really exciting is when that door opens to your audition room, you have no idea who's walking through. It could be the next superstar," he said.

Of the 20,000 individuals across Canada who have pre-registered online for an audition, the acts are "over the top."

Expecting the Canadian version of Got Talent to be much different than its American counterpart, Brunton said shows like his "reflect the character of the country."

"It never ceases to surprise me on a per-capita basis how talented Canadians are. I don't know exactly what it is that's in the water, but there is something. We have a disproportionate number of talented people and I can hardly wait to see what's out there."

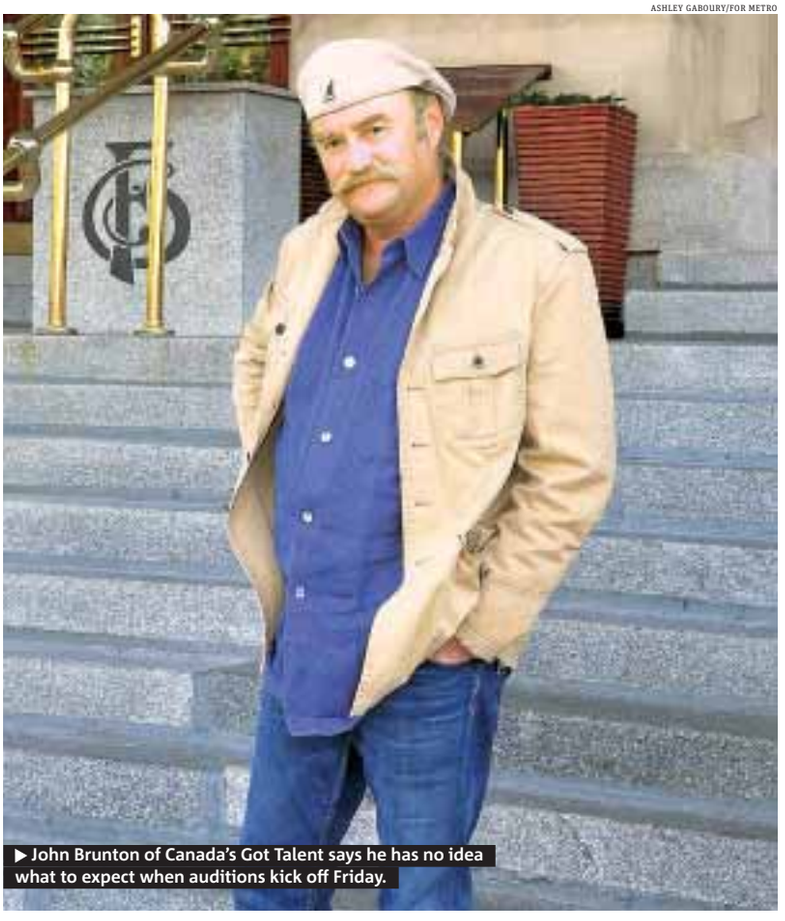
Brunton revealed the show has signed its first of three celebrity judges, although he can't say who just yet.

"What I can tell you is that he is a household name in Canada and a very, very famous person from the world of comedy."

No act that shows up Friday and Saturday will go unseen, guaranteed Brunton, provided people come before 4 p.m. when walkup registration closes for the day.

Winnipeg is the first stop of six cities hosting Canada's Got Talent auditions. The show will also visit Edmonton, Vancouver, Montreal, Toronto and Halifax.

ASHLEY GABOURY/FOR METRO



▶ John Brunton of Canada's Got Talent says he has no idea what to expect when auditions kick off Friday.

Election in brief

More truancy officers eyed

LIBERALS. Manitoba Liberal Leader Jon Gerrard is promising to keep kids in school by hiring more truancy officers.

Gerrard says a Liberal government would spend an extra $3 million a year to address a shortage of workers.

He says the money would be enough to double the number of truancy officers in inner-city neighbourhoods and in other areas with high absenteeism and dropouts.

The Liberals are accusing the NDP government of hiding dropout rates they say could be as high as 50 per cent in Winnipeg's inner city.

THE CANADIAN PRESS

Cash vowed for trades centre

NDP. Manitoba Premier Greg Selinger is promising an NDP government would put $60 million toward a new building trades centre at Red River College.

College president Stephanie Forsyth says the centre would cost $176 million to complete and could handle an extra 1,000 students a year.

Selinger wouldn't say whether the New Democrats would come up with the remaining $116 million if they win the Oct. 4 provincial election.

He said $60 million would get the project going and there would be talks down the road about the rest of the money.

A Liberal campaign spokesman says the NDP has had years to keep its last promise to expand training, yet wait times for some construction courses have only increased.

Selinger spent part of the day yesterday in rural Manitoba and his party launched TV ads that attack Progressive Conservative Leader Hugh McFadyen.

THE CANADIAN PRESS

Tax credits promised amid doubts they actually work

Manitoba politicians, like their counterparts in other provinces and on Parliament Hill, are showing a growing appetite for small, boutique tax credits that cover everything from youth hockey programs to public-speaking courses.

But there is growing skepticism about whether such tax credits succeed in encouraging more participation or in making programs more affordable for people struggling to make ends meet.

Richard Sigurdson, a political science professor at the University of Manitoba, says the biggest advantage of the credits may be political.

"They appeal to the very middle-class voters that, especially here in Manitoba right now, the two major parties are both out to attract," Sigurdson said.

"By and large, these individuals are going to do this anyway. They're going to send their kids to camp. They're going to renovate the bathroom ... but this way the parties enjoy some benefit from supporting individuals in making choices that they were going to make anyway."

JOHN WOODS/THE CANADIAN PRESS

▶ Tory Leader Hugh McFadyen has made a couple of boutique-tax-credit promises, including expanding the current credit for children's fitness programs.

Progressive Conservative Leader Hugh McFadyen recently made the first boutique-tax-credit promise of the Oct. 4 provincial election campaign. He said a Tory government would expand the province's current income tax credit for children's fitness programs to include adults.

The credit is a 10.8 per cent refund on costs of up to $500. People who keep receipts and file an income-tax return can eventually be reimbursed up to $54.

Premier Greg Selinger came out with a similar tax credit in the spring budget to cover children's arts programs and personal-development courses.

But such credits aren't much use to low-income earners, says the Social Planning Council of Winnipeg, a group that stands up for the rights of the poor. The council points out that anyone who wants the credit still has to pay up front and wait months for a refund.

"A 10 per cent tax credit isn't really going to make a big difference," said Dennis Lewycky, the group's executive director.

THE CANADIAN PRESS

MARIO TAMA/GETTY IMAGES

The lessons of September 11

10 years on

▶ Construction continues on One World Trade Center (tallest building, centre) on August 12 in New York City.

PAUL SULLIVAN
METRO

Today, 10 years after, we still live in a 9-11 world.

It's a world of diminished expectations, a world darkened by fear and shadows.

But it's also a world with a few surprises up its sleeve.

The mastermind of 9-11, Osama bin Laden, is dead. You could argue that the War on Terror is over.

And Muslim nations, one after the other, have turned their backs on Osama's bogus jihad, opting instead for freedom and rebirth: The Arab Spring.

We, er, won.

But the cost has been almost too much to bear. America, not long ago the self-declared greatest nation in the world, is a spent force.

The War on Terror has drained the treasury, and no one's cheering for the man who tracked down bin Laden and ended the ruinous detour into Iraq. Barack Obama is down so low that everything looks like up to him.

It will take a long time for the shadows of 9-11 to dissipate.

Since that day, Canada has spent an extra $92 billion on security, too much of it on frisking little old ladies and small children in airports. But do we feel any safer? Despite all the tedious precautions, one terrorist almost managed to blow up a plane, failing only because he was too clumsy to set his shoe on fire. With guys like that on the loose, it would be foolish to let down our guard. Is that a nail file in your purse, lady?

One of the darkest shadows of 9-11 is the spin. Otherwise enlightened people think it was our own fault, that Osama bin Laden was the instrument of our chastisement. Because we depend on Mideast oil. Because we support Israel. Because of our attitude.

Then there are those who seriously believe that 9-11 was an inside job, and proclaim it on lamp posts and the walls of buildings. That the Pentagon attacked the Pentagon to manipulate public opinion into approving another war.

Weapons of mass delusion.

Still, 10 years after, Osama bin Laden is gone, there are fledgling "democracies" in Iraq and Afghanistan, and just try to smuggle a bomb onto an airplane in your undershorts.

Somehow, we endure. We've learned that resilience and determination aren't pretty, but they work. And on our good days, we can look forward to a time when the light fills all the dark corners, where freedom and prosperity are the antidotes to danger and despair.

That's our mission. And it is not accomplished. Not even close.

DOES IT SEEM LIKE
GOOD CREDIT
IS ALWAYS OUT OF REACH?

If you're having trouble getting a car loan, you're not alone. Some sources say at least 77% of the Canadian population will experience a credit-based loan denial in their lifetime.

WE'RE OUT TO CHANGE THAT

CanadaWide Vehicle Finance Ltd. has one purpose - helping folks from around the Man-Sask and North Western Ontario region get the credit they need to get a fresh start!

Dealer # 4080

CanadaWIDE Vehicle Finance Ltd.
We do the work... You get the credit!
1400 Regent Ave West • 272-6161 • 1-855-275-3684
715 Pembina Hwy • 272-6064 • 1-877-268-1006

Seventeen Canadian airports welcomed stranded air passengers on Sept. 11, 2001 New Yorker John Balistreri has returned twice in the past 10 years to visit friends he made during his unexpected stay

9-11 by the numbers

STEVE ANNEAR
@METRONEWS.COM
METRO WORLD NEWS

3,519 Number of days since September 11, 2001, it took for U.S. forces to kill Osama bin Laden.

$1.283 trillion

Congress has approved this amount for "military operations, base security, reconstruction, foreign aid, embassy costs, and veterans' health care for the three operations initiated since the 9-11 attacks."

10K Number of firefighters, police officers and civilians exposed to the terrorist attack on the World Trade Center that have been found to have post-traumatic stress disorder.

422,000

Estimated number of New Yorkers suffering from post-traumatic-stress disorder as a result of 9-11.

$4.3B Amount passed by Congress for the compensation and treatment of people with 9-11-related illnesses.

83,100

Number of jobs lost in New York City from September 2001 to July 2002, according to a New York City comptroller's report.

$6.7B Estimated cost in 2002 to rebuild the World Trade Center towers, according to a New York City comptroller's report.

1,714

Total number of hate crimes reported to the Council on American-Islamic Relations nationwide since the attack.*

** According to a New York magazine report on the 9-11 attacks*

SCOTT COOK/THE CANADIAN PRESS

▶ Halifax was one of many Canadian cities that opened their hearts and gyms to airline passengers whose flights were rerouted by 9-11. Seen here, stranded passengers start waking up on the morning of Sept. 13, 2001, in Gander, Nfld., in the gymnasium at Gander Academy, an elementary school.

Harbour of welcome

JENNIFER TAPLIN
@METRONEWS.CA
METRO CANADA IN HALIFAX

"I will be catching up via email with everyone from up north as usual, trying to make sense of the fact that 10 years have already gone by since the time I was stuck there, unwittingly making new friends while trying to figure out if I lost any back home."

NEW YORKER JOHN BALISTRERI, WHO WAS STRANDED FOR FOUR DAYS

There's one flight New Yorker John Balistreri will never forget.

He was on his way home on Singapore Airlines on Sept. 11, 2001, when all commercial air traffic was temporarily suspended.

Eight thousand lost, confused and in-shock airline passengers descended into Halifax and were met with loving, open arms.

"The emotions ranged from genuine shock at what was going on in NYC to genuine appreciation and warmth for the people I met in Lower Sackville while I was 'stuck' in Canada," said Balistreri in an email interview.

He and about 280 other passengers on his flight were taken to Millwood High School in Lower Sackville. Other stranded passengers were sent to three other Halifax-area high schools or billeted in private homes.

"We had so many people from the area that volunteered that there were times we had to take names and say 'We'll call you,'" said former Millwood principal Phil Legere.

For the locals, it was something they could do to show support and help out during the crisis.

"When it was put in front of you, here's something you can do, I think everybody wanted to be part of it," Legere said.

Students, who had the week off, came in to take small children staying at the temporary shelter out to the park. Volunteers picked up passengers at the school to take them shopping for clothes.

"It wasn't just the generosity of the town, with their hospitality and volunteering. It was their genuine care and friendship for complete strangers that took me by surprise," said Balistreri.

"As a typical jaded New Yorker, to be able to have spent these torturous days right after the attack with such amazing, caring people did wonders for the way I was able to process what was going on while being so far from home."

Events marking the 10th anniversary of Sept. 11

OTTAWA:
The National Arts Centre Orchestra and the Christ Church Cathedral Choir of Men and Boys will perform a free, open-air concert called The 9/11 Concert of Hope and Remembrance Sunday. The hour-long concert will take place on the outdoor terrace of the NAC at 8:46 a.m.

NEW YORK:
President Barack Obama and former President George W. Bush are expected at an observance at the World Trade Center. At night, the art installation Tribute in Light will project beams of light into the sky in memory of those killed.

WASHINGTON:
A tribute concert at the Kennedy Center will feature Wynton Marsalis, Emmylou Harris and Denyce Graves. The event will be streamed live on Facebook. METRO

Your comments

Metro asked you about what we have learned from 9-11. Here's what you had to say:

Sandra Nelson
27, WINNIPEG
"It showed us that it's important to stick together ... and to realize that there's no one right answer to solve the world's problems."

Jeff Sage
43, LONDON
"We've learned that as a society we need to be more tolerant, more understanding, more transparent and more inclusive than ever."

Jacqueline Stesco
23, OTTAWA
"To declare your religious beliefs has, I think, more weight since then."

Braydon Berggran
19, DARTMOUTH
"It's one of those things where we have to be cautious over more, but we still can't live in fear."

Three university students now in their 20s recall the 9-11 attacks and their reaction to the day's events. To read the story visit metronews.ca

The words that arose from the fall of the Twin Towers

The attacks of Sept. 11, 2001 had a profound impact on nearly every facet of society, including the English language.

University of Toronto associate professor of linguistics Rena Helms-Park outlines the ways in which 9-11 shaped the way we speak.

Ground Zero: The term was originally used to describe the site of the Hiroshima bombing of 1945. Now the phrase has just one definition — the site of the former twin towers.

Guantanamo Bay: Before the U.S.-led crackdown on terrorist activity, Guantanamo Bay was nothing more than a locale near Cuba, Helms-Park said. Once the American prison began housing suspected terrorists, however, the meaning changed. Now it's become a symbol of one wrong being used to right another wrong," she said.

9-11: They use to be three numbers North Americans could dial in case of an emergency. They then became shorthand for the event itself and all that resulted from it.

No-fly list: Prior to 9-11, there was little need for a list of people who were not permitted to travel by air. Helms-Park said the term is likely here to stay.

Axis of Evil: The term, coined by former U.S. President George W. Bush to describe Iran, Iraq and North Korea, was invented to more clearly define the "war on terror."

THE CANADIAN PRESS

CHRIS HONDROS/GETTY IMAGES

▶ The WTC after 9-11.

More 9-11 terms

The following terms "predated 9-11, but are now known to the world," according to Helms-Park.

- **Jihad.** The Arabic word, was in existence long before the collapse of the World Trade Center. Since then, Helms-Park said its common interpretation as a holy war against those who don't subscribe to the Muslim faith has become a household word.
- **Taliban.** Helms-Park said the attacks focused the world's attention on Afghanistan, bringing its political forces under public scrutiny and introducing the term to the public lexicon.
- **Twin Towers.** The two structures constituting the World Trade Center were almost certainly called the Twin Towers before 9-11, but Helms-Park said the term has spread through popular culture until the building is now rarely described any other way.

Rebuilding. WTC

▶ People watch as construction continues on One World Trade Center on Thursday in New York City.

MARIO TAMA/GETTY IMAGES

Rebuilding the WTC

One World Trade Center, currently under construction, will eventually be the tallest skyscraper in the country, topping out at a symbolic 1,776 feet. New York City and the nation are preparing for the 10th anniversary of the terrorist attacks on lower Manhattan, which resulted in the deaths of 2,753 people at the World Trade Center.

TIPTOP TAILORS
DESIGNER SUIT EVENT
FREE
DRESS SHIRTS, TIES & MORE ...
$100 VALUE
(MAXIMUM)
with every designer suit purchase of $299.99 or more
SEE IN-STORE FOR DETAILS
Visit us at www.tiptoptailors.ca to view a full list of our 100+ locations across Canada.
SPORTSWEAR
BUY ONE GET ONE 50% OFF*
*SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE. SOME EXCEPTIONS MAY APPLY. SEE IN-STORE FOR DETAILS.

Medvedev calls for overhaul of aviation safety

Russian President vows to make changes in the wake of hockey-team tragedy 43 died in plane crash

President Dmitry Medvedev called for immediate changes in Russia's troubled aviation industry yesterday — including sharply reducing the number of airlines — as the country mourned a crash that killed 43 people and devastated a KHL hockey team.

The crash Wednesday killed 36 players, coaches and staff of the Lokomotiv Yaroslavl team, including European national team and former NHL players, drawing new attention to the poor air-safety records of Russia and other former Soviet republics.

Experts blame Russia's problems in the air on an aging fleet, weak government controls, poor pilot training and a cost-cutting mentality.

Investigators could not immediately pinpoint what caused the Yak-42 jet to crash into the banks of the Volga River shortly after takeoff from Yaroslavl, 240 kilometres northeast of Moscow. Workers laboured yesterday to raise the plane's shattered tail section, site of one of the plane's on-board recorders.

The two crash survivors — player Alexander Galimov and crew member Alexander Sizov — were both reported in grave condition Thursday after being flown to Moscow for treatment.

The plane crashed on the opening day of an international forum that was to showcase Yaroslavl as a modern and vibrant Russian city. THE ASSOCIATED PRESS

Hockey. Tribute

▶ A young woman cries next to the burning candles at the Old Town Square in Prague, Czech Republic, yesterday.

MICHAL KAMARYT/CTK/THE ASSOCIATED PRESS

Mourners remember Czech players

Hundreds of mourners gathered in Prague yesterday to pay tribute to the three Czech hockey players killed in the plane crash that devastated a Russian club.

sexcetera

A SPECIAL FEATURE DEVOTED TO LOVE, SEX & RELATIONSHIPS IN TODAY'S WORLD.

ONLY IN METRO SEPTEMBER 13

PRESENTED BY: First Response TROJAN metro

MEPHISTO EVENT
SEPTEMBER 10
Mephisto representative will be present

european SHOE SHOP
436 Academy Rd. 487-4193
www.europeanshoeshop.com

Teen dies at Acadia

- Binge drinking blamed for university student's sudden death
- Police withhold student's name

PHILIP CROUCHER
@METRONEWS.CA
METRO CANADA IN HALIFAX

A 19-year-old Albertan found unconscious following a night of reported binge drinking at Acadia University in Wolfville, N.S., has died.

The RCMP were called to the university campus around 12:30 a.m. on Tuesday and found the first-year student not breathing in a dorm room. He was rushed to hospital about an hour away in Halifax in critical condition.

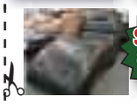
Police spokeswoman Sgt. Brigdit Leger said they learned yesterday afternoon the teen had died, and his body was being kept on life support for organ harvesting.

She said at the family's request, police will not release his name.

"Based on the information we gathered during our preliminary investigation, the RCMP does not suspect foul play in this death," Leger stated.

A student at Acadia told the CBC students were drinking on various floors of the university's residence.

100% Bonded Leather Chaise



Sale Price $399.99

This 100% bonded Leather black chaise is a great addition to any room. Rec-rooms, dens, bedroom, games room and of course sun rooms. Extreme durability and everlasting comfort. In stock can be in your home next day delivery. come try out the comfort.

In stock and ready for shipping
Compared at $699.99
Pay Less at JS

Bring this ad in when you purchase your items!

JS Furniture Gallery
www.furnituregallery.ca
1725 ELLICE AVE. 783-1727

MEL EVANS/THE ASSOCIATED PRESS

▶ The area's major north-south highway, Route 29, is flooded Thursday in Trenton, N.J., as the Delaware River continues to rise.

Dangerous floods force residents to evacuate

Nearly 100,000 people from New York to Maryland were ordered to flee the rising Susquehanna River on yesterday as the remnants of tropical storm Lee dumped more rain across the Northeast, closing major highways and soaking areas still recovering from hurricane Irene.

At Binghamton, New York, the wide river broke a flood record and flowed over retaining walls downtown as more than 20 centimetres of rain fell in some areas. Road closures effectively sealed the city off to outside traffic as emergency responders scrambled to evacuate holdouts who didn't heed warnings to leave neighbourhoods.

Most of the people ordered to evacuate their homes were about 128 kilometres downstream in Wilkes-Barre, where the river was projected to crest later Thursday at 12.5 metres — the same height as the levee system, officials said. Residents were ordered to leave by 4 p.m.

At least nine deaths have been blamed on the storm.

THE ASSOCIATED PRESS

What does the-fastest*-broadband-Internet-speed-in-North-America-mean to you?

Get unprecedented Internet service on one of North America's most advanced digital networks. Shaw Broadband Internet gives you unparalleled speeds from 50 to 100 Mbps, with 250 Mbps coming to your area very soon. Plus, you'll get superior video streaming, downloading, networking and gaming. You can also have multiple users on multiple devices without sacrificing any speed. So what does insanely fast Internet mean to you? Whatever you want it to. Only from Shaw.

starting from | $29.95 | per month | for first 6 months† | $5 upgrade for existing customers

Call 1.888.403.9125 or visit SHAW.CA/INTERNET

Go to FACEBOOK.COM/SHAW and tell us how better technology positively affects your life and you could win 50 Mbps Internet for a year.

What does SHAW mean to you?

*Availability of Broadband 50 Mbps, 100 Mbps, and 250 Mbps service may vary by region, modem equipment, or residential wiring. 1Gbps speed available in select neighbourhoods where technology permits. Internet speeds are based on optimal conditions. Broadband 50 Mbps, 100 Mbps and 250 Mbps services are delivered by a network utilizing the latest DOCSIS 3.0 modems, latest IP Backbone routers with 100 Gigabit DWDM and 100 Gigabit IP links, and the most DOCSIS DS RF Channels of any service provider in North America. Not all Shaw services are available in all regions. All Shaw services are provided under Shaw's Joint Term of Service and Acceptable Use Policy located at www.shaw.ca. ‡Visit SHAW.CA for details. Offer available in most markets for new Shaw Internet customers. Prices applicable after the promotion period can be found at SHAW.CA and will vary depending on the number of Shaw services subscribed to.† NO PURCHASE NECESSARY. Contest starts on August 29, 2011 and ends on October 31, 2011. Full contest rules available at www.shaw.ca/whatshawmeans

AMBER ALERT

Police seek missing B.C. boy, 3

▶ Kienan Hebert

The father of missing three-year-old Kienan Hebert is holding out hope that his son will soon be back at home in Sparwood, B.C., safe and sound.

Paul Hebert says Kienan is a "great kid" who's always happy, and remains confident he'll be returned unharmed.

The boy, who is the subject of an Amber Alert, was last seen when his family put him to bed Tuesday evening at his home in the southeastern B.C. community, about 260 kilometres southwest of Calgary.

He's described by police as a red-haired Caucasian boy who was last seen wearing a blue pair of Scooby Doo boxer shorts.

Police are also looking for Randall Hopley, 46, who is of no relation to Hebert, and a brown 1987 Toyota Camry with the licence plate 098RAL. Police warn the public not to approach the vehicle. THE CANADIAN PRESS

Deliberate attack kills cherished pet

- Cat run over while sitting on grass beside the road
- Witnesses say driver acted on purpose

ANGELA MULLINS/METRO

▶ Bonnie Cayen, 54, of London kneels in her back yard next to the grave of her cat Maggie. The cat died Saturday after being hit by a truck.

ANGELA MULLINS
@METRONEWS.CA
METRO CANADA IN LONDON, ONT.

Bonnie Cayen has hardly slept a wink this week.

"I've just been a mess," Cayen said. "She's my shadow. She followed me everywhere … slept with me."

Cayen, 54, is talking about her three-year-old cat Maggie. Or, as she was affectionately nicknamed, "Boo Boo Kitty."

Maggie died Saturday evening after being hit by a pickup while sitting on a patch of grass by the road near her home in London, Ont.

"He literally stopped his truck, aimed it at her … and gunned it," Cayen told Metro. "How can you do that to an innocent little cat?"

Cayen missed the attack, but neighbours saw the large, new-model navy-blue pickup that took Maggie's life. Witnesses gave chase, but they lost the truck a few blocks away when it entered traffic on a busy street.

Maggie was sort of a mascot for Cayen's neighbourhood. She sat on the corner where she died practically every night, waiting on Cayen to return home from walking her Bassett hound, Harry.

The black long-haired cat had a bit of a special place in everyone's heart, partially because of the way she came into their lives.

"If I can find out for sure who did this, I definitely will press charges.... She should still be here."
BONNIE CAYEN, MAGGIE'S OWNER

Like Cayen's other cats, Maggie was a rescue — saved from the park across the street where it's not uncommon to find abandoned pets. When Maggie first made her way into Cayen's home, she was eight months old, had matted fur and was literally starving to death.

"I could feel every bone in her," Cayen said. "She was so starved she hadn't grown."

In the two years since, Maggie's weight had doubled to six pounds and she was on track for a long healthy life.

"If I can find out for sure who did this, I definitely will press charges," Cayen said. "She should still be here."

News in Brief

Housing Forecast

A major shift will take place in the Canadian housing market over the next two decades as aging baby boomers downsize from houses to apartments and condos, the Conference Board of Canada says. By 2030, more than 80 per cent of new housing demand will come from those 65 and older.
THE CANADIAN PRESS

Twitter looks at ads

Expect to see more ads flowing through Twitter's stream of tweets in the coming weeks, but don't expect to read anything soon about an IPO from the online messaging service.

Twitter CEO Dick Costolo delivered that message yesterday. After bringing in more management talent and upgrading its service so it can handle big spikes in messaging, Twitter is ready to get more serious about building a successful business.
THE ASSOCIATED PRESS

Economy woes

Investors run for cover, consumers quake and economists wonder if, two years after the deepest recession since the Great Depression, we are on the precipice of another pullback.

But a lot of the data is telling a different story, one that shows the U.S., Canadian and global economies are stumbling, but not falling. THE CANADIAN PRESS

Lattes and eating out a must for Canadians

The average consumer debt declined by $6 from the first quarter But small expenses such as food still adds to debt

BRUCE BENNETT/GETTY IMAGES

Small expenses such as that daily cup of latte can add up.

Canadians may be reducing their household debt in the face of economic uncertainty but they appear unwilling to cut back on morning lattes or meals at restaurants — a move that could net big savings.

Nearly one-third of Canadians surveyed planned to spend more of their disposable income this summer on dinners out, up from 24 per cent last year.

Spending on lunches out and morning hot beverages was also expected to increase, according to a BMO survey.

The online survey was conducted in early May, before the U.S. debt crisis.

But Chris De Vries, personal banking area manager for the Bank of Montreal, said the trend from past surveys suggests economic clouds were likely insufficient to alter spending intentions for these small-ticket items.

"It shows that Canadians value these things, whether it's dinners out or lunches out and they're not huge expenditures but they just add up," he said.

Simple strategies to avoid racking up an annual tally include brown-bagging lunch, brewing your own coffee at home and hosting potluck dinners instead of going to expensive restaurants.
THE CANADIAN PRESS

Bills add up

Discretionary spending can add up to thousands of dollars each year.

1. Satisfying a daily latte fix can cost more than $1,000 a year.
2. Spending $10 for lunch adds up to around $2,600 a year.

JONES NEW YORK
FACTORY STORE

BEST DRESSED 40% OFF*

THE LOWEST TICKETED PRICE ON ALL SUITS, SUIT SEPERATES, & DRESSES!

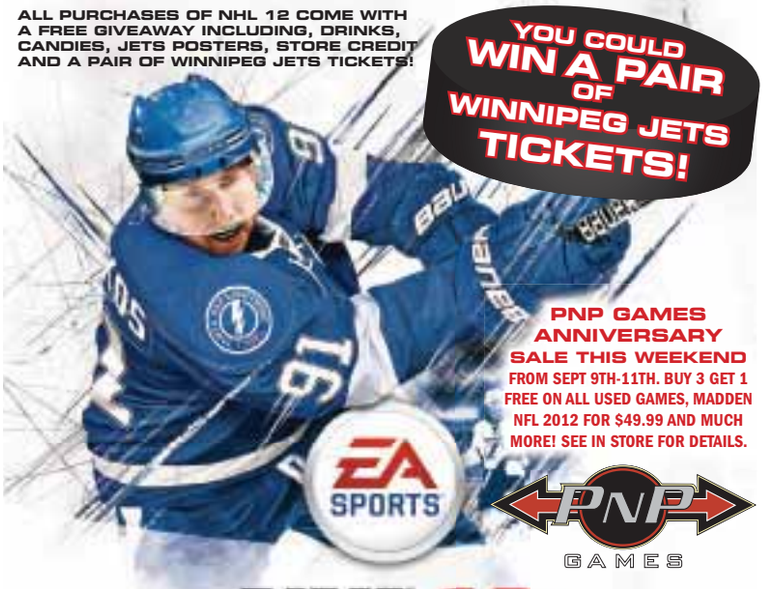
STARTS ON SEPTEMBER 9TH, 2011
LIMITED TIME OFFER.
*Some restrictions apply. See in stores for detail.

PRESENT THIS AD & SAVE AN ADDITIONAL 10% OFF YOUR TOTAL PURCHASE!
Name: _____
Email: _____
Address: _____
☐ Receive email notification on special promotions.

KENASTON 1659 Kenaston Blvd | 204.487.2888

ALL PURCHASES OF NHL 12 COME WITH A FREE GIVEAWAY INCLUDING, DRINKS, CANDIES, JETS POSTERS, STORE CREDIT AND A PAIR OF WINNIPEG JETS TICKETS!

YOU COULD WIN A PAIR OF WINNIPEG JETS TICKETS!



PNP GAMES ANNIVERSARY SALE THIS WEEKEND FROM SEPT 9TH-11TH. BUY 3 GET 1 FREE ON ALL USED GAMES, MADDEN NFL 2012 FOR $49.99 AND MUCH MORE! SEE IN STORE FOR DETAILS.

PNP GAMES

NHL 12

AVAILABLE ON XBOX360 & PS3 SEPTEMBER 13TH AT 12:01AM

915 MCLEOD AVE 663-4436 1-2609 Portage Ave 415-7968

NHL, National Hockey League, the NHL Shield and the word mark and image of the Stanley Cup are registered trademarks of the National Hockey League. All NHL logos and marks and NHL team logos and marks depicted herein are the property of the NHL and the respective teams and may not be reproduced without the prior written consent of NHL Enterprises, L.P. © NHL 2011. All Rights Reserved. Officially Licensed Product of the National Hockey League. National Hockey League Players' Association, NHLPA and the NHLPA logo are trademarks of the NHLPA and are used under license by Electronic Arts Inc. © NHLPA. Officially licensed product of the NHLPA. All other trademarks are the property of their respective owners.

HUNGRY ENGINES

Google gobbles up Zagat

Google has bought the restaurant-review service Zagat as it tries to help people connect with local businesses.

The founders, Nina and Tim Zagat, said they will remain a part of the 32-year-old company and will use Google's resources and expertise to expand. Zagat currently offers reviews and ratings on restaurants in more than 100 cities around the world, based largely on surveys of diners.

Google plans to integrate Zagat with its search and mapping products.

In a blog post Thursday announcing the purchase, Google said Zagat "will be a cornerstone of our local offering."

Google and other companies are trying to improve their local offerings as a way to sell more ads.

Terms of the purchase were not disclosed. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar	Oil	Natural gas	Gold
- 36.61 (12,683.96)	- 0.26¢ (101.21¢ US)	- $0.29 US ($89.05 US)	$3.980 (+4¢)	$1,857.50 (+ $39.90)

Rogers not chasing Olympic bid

Rogers Communications won't be bidding for the Canadian broadcast rights to the 2014 Winter and 2016 Summer Olympic Games.

The company is focusing its airtime instead on the Blue Jays and Rogers Cup. THE CANADIAN PRESS

Finance minister points to tariffs on imports

Retail Council of Canada says some sports goods, such as runners, ice skates and apparel can carry an 18 per cent tariff, driving higher prices

FRED CHARTRAND/THE CANADIAN PRESS

▶ Finance Minister Jim Flaherty talks to reporters before the start of the Conservative caucus meeting on Parliament Hill on Thursday.

Finance Minister Jim Flaherty concedes that government policies regarding tariffs on imports may be one of the reasons consumer goods cost less in the U.S. than in Canada.

A day after calling for the Senate finance committee to investigate the price gap, which one survey puts at 20 per cent on average, the minister said Thursday that high tariffs may be a problem.

He stopped short of saying they would be removed or reduced.

He said that's what the Senate probe will help determine.

Tariffs on most goods between Canada, the U.S. and Mexico were phased out under bilateral and continental trade deals in the late 1980s and early 1990s.

However, there are still duties paid on some goods not covered by the trade agreements as well as a range of clothing, consumer electronics and other products that come to Canada from Asia, Europe, South America and other areas. The Retail Council of Canada said tariffs are a major factor. Spokeswoman Anne Kothawala said Wednesday tariffs can account for as much as 18 per cent on some items.

"Lots of sporting equipment, hockey skates, running shoes, track suits, pillows, cotton clothing and other items carry an 18 per cent tariff on them," she said. THE CANADIAN PRESS

Saab driving closer to financial collapse

Troubled automaker Saab, known for its quirky, rounded cars, moved closer to financial collapse Thursday after a Swedish court rejected its request for bankruptcy protection.

The ruling means the Swedish brand, which has struggled financially since General Motors Co. sold it to Netherlands-based Spyker Cars in 2010, is now only days away from facing bankruptcy action from trade unions.

Spyker has since changed names to Swedish Automobile.

The company has struggled to pay suppliers and staff, and production at its manufacturing plant in Trollhattan, Sweden, has been suspended for most of the year.

Swedish Automobile said it would appeal the court's decision before the deadline on Sept. 29.

It is unclear whether the appeals court will accept the request. The unions representing Saab's 3,700 employees said they would take bankruptcy action within days on behalf of members still waiting for their August salaries.

Bankruptcy protection in Sweden is similar to Chapter 11 in the U.S., allowing a company to buy time to improve its finances and stave off liquidation.

Swedish Automobile had submitted an application for bankruptcy protection on Wednesday, including plans for a reorganization it claimed would help revitalize the brand. THE ASSOCIATED PRESS

Why talk to strangers when you can call on friends.
Call us to arrange for a no-obligation prearrangement visit or contact us for a "Guide to Planning Ahead"
Friends FUNERAL SERVICE
L to R: Harry Froese, Margaret Koberstein, Harold Koslowsky, Betty Plett, Heather Link-Kubas, Barbara Mueller, Adina Vogt and John Olfert
2146 Main Street • Winnipeg • 339-5555

TIFF, TUFF AND EVERYTHING IN BETWEEN

THE METRO LIST

MIKE BENHAIM
METRO

During these hard times, I like to immerse myself in fiction and the mockery of other people's dysfunction. Hence some points of distraction for the weeks ahead:

1 **TV a la carte:** The quintessential viewer's lament is that we have all this variety, yet there never seems to be anything on.

Well, rumour has it that you will soon be able to pick and choose your stations without subscribing to the full cable package. Just imagine all those single men with 50 channels of sports and porn.

2 **Ice, ice, baby:** It's almost hockey season again in Canada, and no one is more excited than the city of Winnipeg. The new and improved Jets unveiled their new uniforms this week. Now let's see if they can actually play.

3 **Dancing with the boys:** Sonny and Cher's child, Chastity, underwent a female-to-male sex-change operation a year ago. Now, Chaz's inclusion on Dancing With the Stars has sparked controversy among religious groups who claim he's an "abomination."

Shame on them for judging a man just for being born with a vagina. We will accept Chaz like anyone else and simply focus on the fact that he is overweight and unattractive.

4 **Two and a Half Men:** The new season will begin with the funeral of Charlie Sheen's character while the real Charlie lives on. The cruel irony is too much for me to bear.

5 **X Factor:** The most anticipated new show is unoriginal, but apparently American audiences crave more disdainful commentary from curmudgeon-extraordinaire Simon Cowell and more inane bickering with Paula Abdul. Contestants will be ridiculed at every turn. Just the kind of thing our highly evolved TV audiences enjoy.

6 **Fall "Mad"ness:** Capitalizing on the success of Mad Men, two new series' emerge this season. Pan Am and The Playboy Club are both set in the '60s, feature hot ladies in pantyhose and men in suits with shiny hair. So much nostalgia for an era when sexually repressed people drank and smoked unabashedly around toddlers, then packed them into the car for a swirvy, fun-filled ride to their asbestos-insulated, lead-filled homes. Ah, those were the days.

7 **TIFF:** It's TIFF time again, and Toronto will host the world's hottest stars. While the festival is always a great draw, the true beauty of the experience is the gamble, so don't get caught up in Hollywood hype.

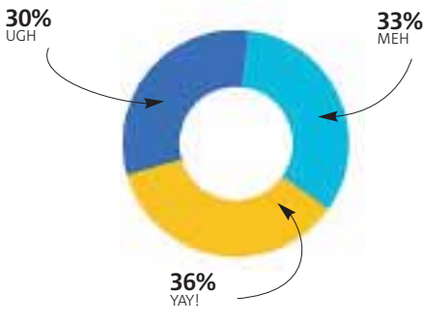
Take a chance on the unknowns, because it's cooler and more exclusive to say, "I just watched a three-hour movie in Swahili, and have no idea what I saw."

8 **TUFF enuff:** The fifth annual Toronto Urban Film Festival is a delightful bonus for commuters. This week, subway screens throughout the city are displaying a variety of submissions. The silent, one-minute films can be a welcome distraction from the fact that you may be among strangers who have chosen not to bathe. You have to be in T.O. to enjoy that experience, but if you can't make it, visit torontourbanfilmfestival.com

More from Mike Benhaim at metronews.ca/backbeat

Register at metropolitanpanel.ca and take the quick poll

NFL football begins!



Local tweets

- **@Reider_74:** The Riders must have arrived for game prep. RT @mikeoncrime: Anyone know why downtown Winnipeg smells like a barn right now?
- **@obdgil:** Yes everybody, the entire city of #winnipeg smells like crap. #rumorputtorest
- **@LukeInProgress:** I love running in to Winnipeg people here in Calgary. They're always so friendly and chatty and only sometimes crazy.
- **@adamlevine:** Winnipeg is one of those words that you're surprised you know how to spell without ever having tried to spell it. Did I spell it right?
- **@shortbus6:** @NHL please no #Nickelback for Faceoff 2011 in #Winnipeg .Should really consider @TheSheepdogs , finally a rock band that gets it!!
- **@phantompower09:** 45 mins past Winnipeg. Too many farm tractors on the road. Almost hit a chicken.
- **@xeisma:** I swear there's a munchkin in the laundry room stealing socks from @Dreeisma!! Another sock missing!

Letters

RE: Editorial cartoon published Sept. 8

In light of the deaths this summer of three hockey players and the crash of the plane in Russia on Thursday, I found it sickening that your newspaper would publish this cartoon. It is disgusting and insensitive and should never have seen the light of day. I can only hope that it was meant to promote concussion awareness, but, come on, take another look. Too bad, I really enjoyed this paper up till now.

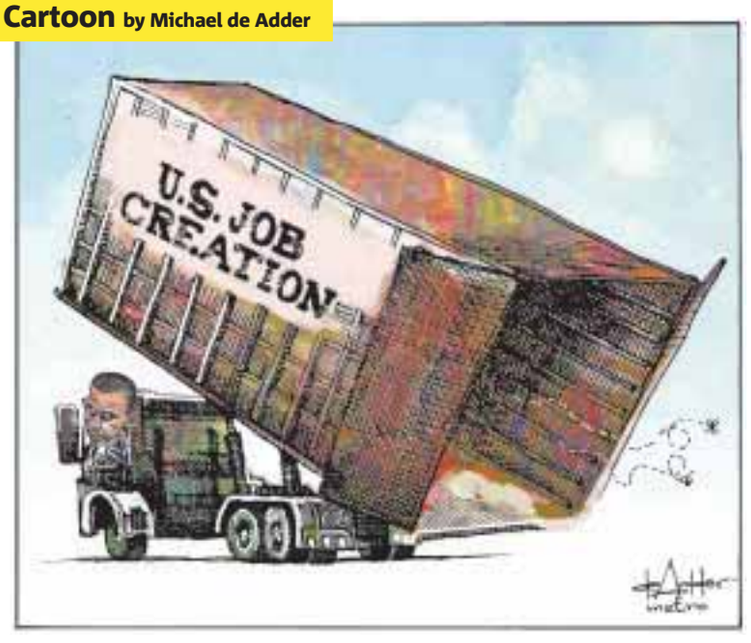
JOHN COLLINGS, LONDON

I am a regular reader, and I'm not usually one to complain about anything, but I just had to write in and say that I found the comic on September 8th to be in extremely bad taste.

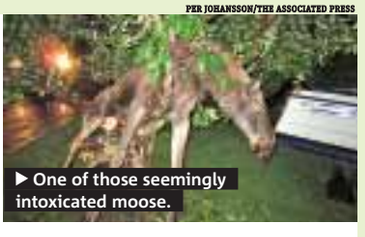
Your cover story is about 43 people being killed in a plane crash, many of them professional hockey players with families, and then think it is appropriate to run a comic poking fun at dead hockey players? This would be bad form at any time, but in light of what JUST happened I find it absolutely disgusting.

BEN SAVAGE, SURREY, B.C.

Cartoon by Michael de Adder



PER JOHANSSON/THE ASSOCIATED PRESS



▶ One of those seemingly intoxicated moose.

WEIRD NEWS

Somebody had too many fermented apples, again

A seemingly intoxicated moose has been discovered entangled in an apple tree by a stunned Swede.

Per Johansson says he heard a roar from his vacationing neighbour's garden in southwestern Sweden late Tuesday and went to have a look. There, he found a female moose kicking about in the tree. The animal was likely drunk from eating fermented apples.

With the help of police and rescue services, the 45-year-old Johansson later managed to set the moose free in part by sawing off tree branches.

But the animal appeared confused and wandered into Johansson's garden, where she was still resting Thursday.

Johansson said the moose appeared to be sick, drunk or "half-stupid." **THE ASSOCIATED PRESS**

metro
METRO WINNIPEG • 161 Portage Ave E • Suite 200 • Winnipeg MB • R3B 2L6 • T: 204-943-9300 • Fax: 888-846-0894 • Advertising: 204-890-8397 • adinfowinnipeg@metronews.ca • Distribution: winnipeg_distribution@metronews.ca • **Publisher** Steve Shrout, **Managing Editor** Elisha Dacey, **Sales Manager** Dave Kruse, **Distribution Manager** Rod Chivers • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

GO BLU

FREE DELIVERY
TO SASKATCHEWAN

UE GO!

BULLFROG
HOT TUB GIVEAWAY

IF 10 HOT TUBS ARE SOLD THIS WEEK SOMEONE WILL WIN A FREE HOT TUB AT 5PM ON SATURDAY AT OUR BULLFROG DRAW.

bullfrog spas

1774 St.James Street at Notre Dame Avenue
(204) 632-1441 bullfrog@mymts.net

www.bullfrogspas.com

2 scene

Scene in brief

Actress Reese Witherspoon was struck by a car while jogging near Los Angeles on Wednesday morning and suffered minor injuries. Santa Monica police Sgt. Richard Lewis says the Oscar-winning actress was hit by a car driven by an 84-year-old woman.
THE ASSOCIATED PRESS

John Walsh and America's Most Wanted are moving to Lifetime after 2 decades on Fox.

Synopsis

- The story begins with patient zero, Beth Emhoff (Gwyneth Paltrow), an executive who carries a disease from Hong Kong to Minneapolis. Twenty-four hours later she is dead and a modern day plague has begun. Add in a meddlesome blogger (Jude Law), medical emergency personnel (Marion Cotillard, Laurence Fishburne and Kate Winslet) and widespread panic and you have SARS, Soderbergh style.
- **Ratings:**
  Richard: ●●½
  Mark: ●●●½

▶ Matt Damon and Jude Law are just two big names in the star-studded cast of Contagion.

The cold and clinical

Contagion — a story about a modern-day plague — arrives just in time for flu season ● Crouse and Breslin concur; it's an entertaining medical procedural

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Richard: Mark, Contagion is The Towering Inferno with germs, an all-star disaster movie in the mode of Irwin Allen's 1970s spectacles. It's a generally more serious affair than the Allen cheesefest but they both beat with the same pulpy heart. Each movie takes itself a bit too seriously — although the scene that gives new meaning to the phrase, "picking Gwyneth Paltrow's brain," seems geared for gruesome laughs — and has too many characters and tries, with varying levels of success, to pluck at your heartstrings.

MB: Well, Paltrow has always had a cerebral approach to acting, and this movie proves it. And the "cerebral" approach extends to the rest of the movie. Unlike you, Richard, I found it a bit aloof and clinical, which fit the topic. After all the science fiction movies about bad viruses, this one is closer to actual science. And the movie arrives just in time for flu season. I had to suppress a cough at the theatre, lest I get roughed up.

RC: I get what you mean by the aloof and clinical remark to a point. The Lawrence Fishburne story is an effective medical procedural. It's a bit clinical at times, like an episode of CSI set entirely inside the lab, but large parts of the story seemed unnecessary. A plot line featuring Marion Cotillard in China, for instance, could easily have been removed with no noticeable (except for the absence of the lovely Ms. Cotillard) effect and the blogger story feels forced.

MB: Usually movies of this type focus on one family and we see the crisis (zombies, war, Contagion) through their eyes. Soderbergh is working differently here, as if conducting a survey of how this pandemic might affect different types of people in various social groups. Only the Matt Damon thread seemed to have any real emotion; but even his story is underplayed. As far as the Jude Law blogger, I wouldn't want to have missed his homemade Hazmat suit, which made him look like the cyborg he played in A.I. But it was fun to watch so many major actors in the small roles, especially Elliott Gould; and Demitri Martin, who barely had one line!

RC: I did enjoy the movie; I just thought it was a bit sloppy for a Soderbergh film. Having said that, however, it should do for touching your face what Jaws did for ocean side vacations.

MB: Ha! And not many people will crave Chinese food after the film. But I liked the movie, too, even if it sometimes felt like a grad thesis in epidemiology.

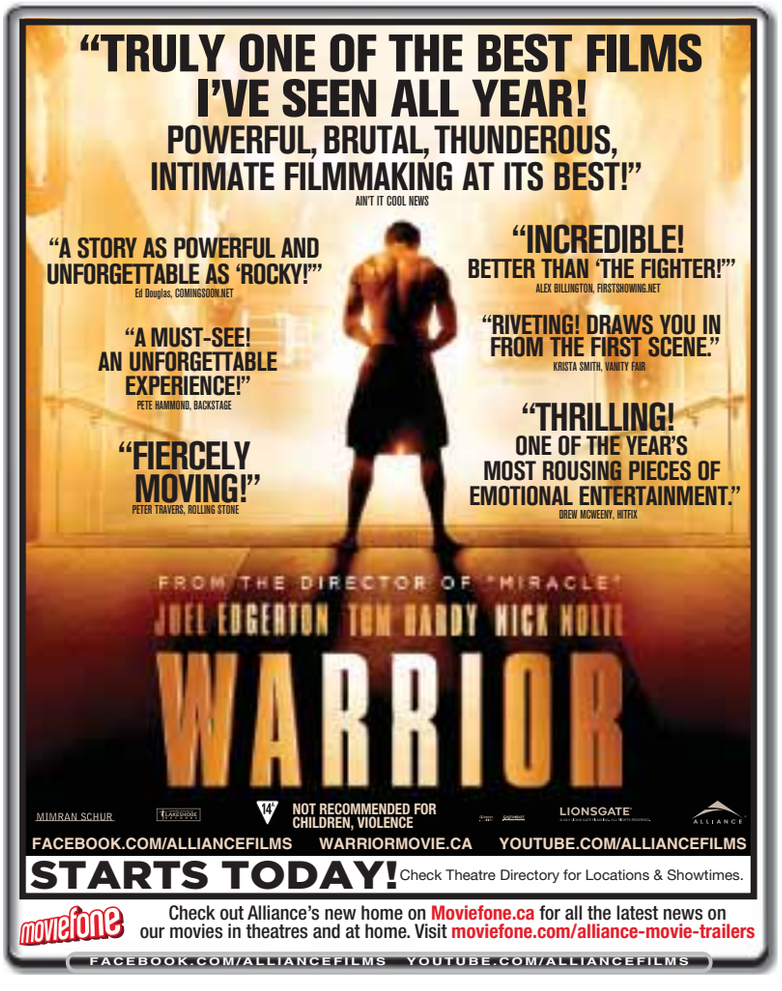
"ONE OF THE BEST FILMS OF THE YEAR!
RIVETING AND BRILLIANTLY EXECUTED."
Richard Roeper, REELZCHANNEL
CONTAGION
14A NOT RECOMMENDED FOR CHILDREN, DISTURBING CONTENT
participant MEDIA imagenation ABC FILMS
Follow us on Facebook for News, Contests, Upcoming Releases, and MORE!
Visit www.facebook.com/WarnerBros.PicturesCanada
STARTS TODAY! IN THEATRES AND IMAX
Check Theatre Directory or www.contagionmovie.ca for Locations and Showtimes
IMAX® is a registered trademark of IMAX Corporation.
www.contagionmovie.com
www.takepart.com/contagion
WARNER BROS. PICTURES
©2011 Warner Bros. Ent. All Rights Reserved

Movie reviews See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Creature
Genre: Horror
Director: Fred M. Andrews
Stars: Mehcad Brooks, Serinda Swan
●●●½
In an age where irony, self referencing and cruelty dominate the horror film, Creature is a refreshing throwback. A gothic, old-fashioned yet gory bit of trashy monster mayhem, the pic stars genre standby Sid Haig as a bayou-dwelling creep with a weird connection to a swamp demon called Lockjaw, a beastie that takes great pleasure in devouring the young, dumb kids who cross his toothy path. Part Creature From the Black Lagoon and part Friday the 13th, the fact this fun little flick is getting a wide theatrical release at all is cause for celebration.
● CHRIS ALEXANDER

Warrior
Genre: Action
Director: Gavin O'Connor
Stars: Joel Edgerton, Tom Hardy
●●●½
Being billed as this year's The Fighter, the mixed martial-arts drama Warrior pits two estranged brothers against each other as they each surge through the ranks of a multi-million dollar fighting championship. Though that sounds like an attempt at selling cinematic brutality to jacked-up MMA fans, director Gavin O'Connor (Miracle) spins an emotionally-intense story that delves into family dysfunction and forgiveness despite its predictable arc and bloated running time.
● STEVE GOW

Loewen
PIANO HOUSE
Since 1936
Roland
Loewen Piano House welcomes ROLAND
Piano artist Jeff Harden to Winnipeg.
Friday and Saturday
Sept 9 & 10th
in our store 10-6pm
See and hear the new Roland HPi piano.
Special pricing available during this event. Ask about our 0% financing or rent own programs.
1381 Portage Ave.
(204) 772-5581


"TRULY ONE OF THE BEST FILMS I'VE SEEN ALL YEAR!
POWERFUL, BRUTAL, THUNDEROUS, INTIMATE FILMMAKING AT ITS BEST!"
AIN'T IT COOL NEWS
"A STORY AS POWERFUL AND UNFORGETTABLE AS 'ROCKY!'"
Ed Douglas, COMINGSOON.NET
"INCREDIBLE! BETTER THAN 'THE FIGHTER!'"
ALEX BILLINGTON, FIRSTSHOWING.NET
"A MUST-SEE! AN UNFORGETTABLE EXPERIENCE!"
PETE HAMMOND, BACKSTAGE
"RIVETING! DRAWS YOU IN FROM THE FIRST SCENE."
KRISTA SMITH, VANITY FAIR
"FIERCELY MOVING!"
PETER TRAVERS, ROLLING STONE
"THRILLING! ONE OF THE YEAR'S MOST ROUSING PIECES OF EMOTIONAL ENTERTAINMENT."
DREW MCWEENY, HITFIX
FROM THE DIRECTOR OF "MIRACLE"
JOEL EDGERTON TOM HARDY NICK NOLTE
WARRIOR
MIMRAN SCHUR
NOT RECOMMENDED FOR CHILDREN, VIOLENCE
LIONSGATE
ALLIANCE
FACEBOOK.COM/ALLIANCEFILMS WARRIORMOVIE.CA YOUTUBE.COM/ALLIANCEFILMS
STARTS TODAY! Check Theatre Directory for Locations & Showtimes.
moviefone
Check out Alliance's new home on Moviefone.ca for all the latest news on our movies in theatres and at home. Visit moviefone.com/alliance-movie-trailers
FACEBOOK.COM/ALLIANCEFILMS YOUTUBE.COM/ALLIANCEFILMS

The crying game

Movie fans, pull out your hankies. Here are five films that are guaranteed to open the floodgates — every time

E.T. (1982)

You've seen it a million times and you know what's going to happen. E.T. is going to live, and the little guy is going to phone home, and his spaceship is going to swoop down to pick him up. Doesn't matter. Those blue eyes of his, and the friendship between E.T. and Elliott never fail to draw out the tears.

Nights of Cabiria (1957)

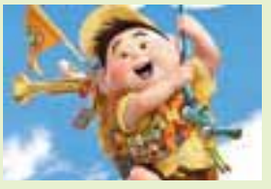
That famous last shot gets you every time. Fellini's wife, Giulietta Masina, is irresistible as Cabiria, the proverbial hooker with a heart of gold. She finally thinks she's found "the one," only to find he's not. Heartbroken, she smiles through tears as if to let us know she'll be all right.

Lassie Come Home (1943)

Lassie Come Home is heartbreaking no matter who you are. Featuring a young Roddy McDowell and Elizabeth Taylor, it tells the story of a destitute family forced to sell its beloved dog. But Lassie breaks free from her new owners and treks hundreds of miles through various dangers to return home.

My Dog Skip (2000)

Any film with a dog is guaranteed to tug heart strings. My Dog Skip also has that irresistible boy-and-his dog dynamic, which exponentially ups the cute factor. A young Frankie Muniz stars as a shy kid named Willie whose only real friend, a scruffy and lovable Jack Russell terrier, helps him open up to the world.



Up (2009)

The whole film is lovely, of course. But it's that one poignant montage that makes the tears come in torrents. It reveals the decades-long relationship between curmudgeonly, 78-year-old Carl Fredricksen and the love of his life, his late wife, Ellie, who brought out the fun he never knew he had inside of him. THE ASSOCIATED PRESS

Vista Place
Physiotherapy
& Sports Injury Centre

K-1631 St. Mary's Rd

Ph: (204) 253-2165
Fax: (204) 253-2229
Email: info@vistaplacephysio.ca
www.vistaplacephysio.ca

CONCUSSIONS IN SPORT

One Strike and You're Out! (At LEAST for 6 Days!)

Concussions are no longer being looked upon as just getting your "bell rung". The long term outcome of concussion has become much better understood. Repeated mild concussions occurring over an extended period of time (i.e., months, years) can result in an increased risk for conditions such as Alzheimer's disease, Parkinson's disease, Depression and other brain disorders typically seen in the elderly. In a study in the Journal of Neurosurgery it was found "Retired players with three or more reported concussions had a 5x prevalence of Mild Cognitive Impairment diagnosis and a 3x prevalence of reported significant memory problems compared with retirees without a history of concussion"

Diagnosing Concussion IS based on Symptoms and Signs

Symptoms
Loss of consciousness BUT not usually
Confusion/disorientation
Dizziness
Tiredness/drowsiness
Headache
Ringing in ears
Nausea/vomiting
Seeing stars/Sensitivity to light

Signs
Poor balance and coordination
Delayed response to questions
Slow or slurred speech
Vacant stare
Poor concentration
Decreased playing ability
Mood changes-irritability

There is NO CURE for a concussion!! Prevention is the KEY!

What is a Concussion?

Concussion is a type of brain injury caused by a blow to the head, face, and jaw OR elsewhere in the body causing the head and neck to move rapidly. Diagnosing Concussion IS based on Symptoms and Signs ONE symptom is all that is required to have a diagnosis of concussion.
Be AWARE symptoms may have a delayed onset so continue to monitor athlete late that day and next morning.

Return to Play

Athletes MUST follow a stepwise progression lasting at least 6 days. If symptoms return during any stage the athlete must go back to the previous step.
Step 1- No activity, complete physical and cognitive rest (no activities that require concentration-schoolwork, videogames) Proceed to step 2 only when all symptoms are gone.
Step 2 - Light aerobic exercise, such as walking or stationary bike. No resistance training or weight lifting
Step 3 - Sport specific activities and training (just skating, no drills) May add light resistance training
Step 4 - Non-contact training drills, can progress resistance training to heavier weights
Step 5 - With medical clearance can begin contact drills
Step 6 - Game play ONLY once all signs and symptoms have resolved and clearance from doctor

For more information call Vista Place Physiotherapy and Sports Injury Centre at 253-2165

THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 9 TO THURS., SEPT. 15. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

WINNIPEG

Cinema City McGillivray 2190 McGillivray Blvd., 204-269-9981

Bad Teacher (14A) Fri 1:25-3:55-7:05-9:40 Sat 1:25-3:55-7:05-10:15 Sun-Thu 2-4:30-7:40-10:15
Bridesmaids (14A) Fri-Thu 1:20-4:15-7:10-10
Friends With Benefits (14A) Fri 12:55-3:35-7:35-10:05 Sat 12:55-3:35-8:10-10:40 Sun-Thu 1:30-4:10-8:10-10:40
Green Lantern (PG) Fri-Thu 12:45-6:30
The Hangover Part II (18A) Fri-Thu 9:20
Horrible Bosses (14A) Fri-Thu 1:50-4:20-7:50-10:10
Kung Fu Panda 2 3D (PG) Fri-Thu 12:20-2:40-5-7:30
Larry Crowne (PG) Fri-Thu 1:10-6:40
Midnight in Paris (G) Fri-Thu 3:50-9:30
Mr. Popper's Penguins (STC) Fri-Thu 12:30-2:55-5:20-8-10:25
Pirates of the Caribbean: On Stranger Tides 3D (PG) Fri-Thu 12:50-4-7:20-10:20
Super 8 (PG) Fri-Thu 12:40-3:40-7-9:50
Thor 3D (PG) Fri-Thu 9:40
Winnie the Pooh (G) Fri-Thu 1-3:15-5:10-7:15
X-Men: First Class (PG) Fri-Thu 3:20-9:25
Zookeeper (PG) Fri-Thu 1:40-4:40-6:50-10:30

Cinema City Northgate 1399 McPhillips Street, 204-334-6234

Bad Teacher (14A) Fri-Sun 10 Mon-Thu 8:10
Bodyguard (14A) Fri 4:40-8 Sat-Sun 1:20-4:40-8 Mon-Thu 4:50-7:40
Bridesmaids (14A) Fri 6:40 Sat-Sun 1-6:40 Mon-Thu 4:55
Friends With Benefits (14A) Fri 4:20-7:10-9:40 Sat-Sun 1:40-4:20-7:10-9:40 Mon-Thu 5:30-8:10
Green Lantern (PG) Fri-Sun 3:50-9:20 Mon-Thu 7:50
The Hangover Part II (18A) Fri-Sun 8:50 Mon-Thu 7:40
Horrible Bosses (14A) Fri 4:10-7:30-9:50 Sat-Sun 1:40-4:10-7:30-9:50 Mon-Thu 5:50-8:20
Kung Fu Panda 2 (PG) Fri 3:40-6:30 Sat-Sun 1:30-3:40-6:30 Mon-Thu 5
Larry Crowne (PG) Fri-Sun 10:30 Mon-Thu 8
Pirates of the Caribbean: On Stranger Tides (PG) Fri-Sun 8:40 Mon-Thu 7:30
Super 8 (PG) Fri 4-7 Sat-Sun 1:10-4-7 Mon-Thu 5:10
Winnie the Pooh (G) Fri 6:40 Sat-Sun 12:50-3:30-6:40 Mon-Thu 5:20
Zookeeper (PG) Fri 4:30-7:20 Sat-Sun 2-4:30-7:20 Mon-Thu 5:40

Cinematheque 304-100 Arthur, 204-925-3457

Bill Cunningham New York (PG) Fri-Sun 7 Wed-Thu 7
L'amour fou (STC) Fri-Sat 9 Wed-Thu 9
No Films Showing Today (STC) Mon-Tue

City Cinema - Northgate 1399 McPhillips, 204-334-6234

Listings not available at press time.

Famous Players Kildonan Place 1555 Regent Ave W, 204-663-2166

Bucky Larson: Born to Be a Star (STC) Fri 4:30-7-9:30 Sat-Sun 2-4:30-7-9:30 Mon-Thu 5:30-8:20
Captain America: The First Avenger (PG) Fri-Sun 9:10 Mon-Thu 8
Contagion (STC) No Passes Fri 4-6:40-9:20 No Passes Sat-Sun 1:30-4-6:40-9:20 No Passes Mon-Thu 5:20-7:50
Cowboys & Aliens (14A) Fri 4-6:30-9:20 Sat-Sun 1:30-4-6:30-9:20 Mon-Thu 5:20-8
Our Idiot Brother (14A) Fri 4:30-7:10-9:30 Sat-Sun 2-4:30-7:10-9:30 Mon-Thu 5:40-7:40
The Smurfs (G) Fri 4:20-6:50 Sat-Sun 1:40-4:20-6:50 Mon-Thu 5:40
Spy Kids: All the Time in the World in 4D (STC) Fri 4:10-6:20-8:40 Sat-Sun 1:50-4:10-6:20-8:40 Mon-Thu 5:50-8:10

Grant Park 8 Cinemas 1120 Grant Ave., 204-453-4084

Contagion (STC) Stadium Seating, Dolby Stereo Digital Fri 4:10-7:20-10:05 Stadium Seating, Dolby Stereo Digital Sat-Sun 1:20-4:10-7:20-10:05 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:10-7:20-10:05
Crazy, Stupid, Love. (PG) Stadium Seating, Dolby Stereo Digital Fri 3:40-6:45-9:40 Stadium Seating, Dolby Stereo Digital Sat-Sun 12:40-3:40-6:45-9:40 Stadium Seating, Dolby Stereo Digital Mon-Thu 3:40-6:45-9:40
The Debt (14A) Stadium Seating, Dolby Stereo Digital Fri 3:50-6:50-9:50 Stadium Seating, Dolby Stereo Digital Sat-Sun 1-3:50-6:50-9:50 Stadium Seating, Dolby Stereo Digital Mon-Thu 3:50-6:50-9:50
The Help (PG) Stadium Seating, Dolby Stereo Digital Fri 3:15-6:35-9:45 Stadium Seating, Dolby Stereo Digital Sat-Sun 12:15-3:15-6:35-9:45 Stadium Seating, Dolby Stereo Digital Mon-Thu 3:15-6:35-9:45
Our Idiot Brother (14A) Stadium Seating, Dolby Stereo Digital Fri 4:15-7:15-10:15 Stadium Seating, Dolby Stereo Digital Sat-Sun 1:30-4:15-7:15-10:15 Stadium Seating, Dolby Stereo Digital Mon 4:15-10:15 Stadium Seating, Dolby Stereo Digital Tue-Thu 4:15-7:15-10:15
Rise of the Planet of the Apes (PG) Stadium Seating, Dolby Stereo Digital Fri 4-7:10-9:55 Stadium Seating, Dolby Stereo Digital Sat-Sun 12:30-4-7:10-9:55 Stadium Seating, Dolby Stereo Digital Mon-Tue 4-7:10-9:55 Stadium Seating, Dolby Stereo Digital Wed 4-9:55 Stadium Seating, Dolby Stereo Digital Thu 4-7:10-9:55
Sarah's Key (PG) Stadium Seating, Dolby Stereo Digital Fri 3:45-7-9:35 Stadium Seating, Dolby Stereo Digital Sat-Sun 12:50-3:45-7-9:35 Stadium Seating, Dolby Stereo Digital Mon-Thu 3:45-7-9:35
The Whistleblower (STC) Stadium Seating, Dolby Stereo Digital Fri 4:20-7:30-10:10 Stadium Seating, Dolby Stereo Digital Sat-Sun 1:10-4:20-7:30-10:10 Stadium Seating, Dolby Stereo Digital Mon-Thu 4:20-7:30-10:10

IMAX Theatre at Portage Place, Y003-393 Portage Avenue, 204-956-4629

Listings not available at press time.

Landmark Globe Cinema 393 Portage Ave, 204-943-1583

Another Earth (PG) Fri 7 Sat-Sun 1:10-3:10-7 Mon-Thu 7
Attack the Block (STC) Fri-Thu 9:50
The Help (PG) Fri 6:40-9:40 Sat-Sun 12:40-3:40-6:40-9:40 Mon-Thu 6:40-9:40
Warrior (14A) Fri 7:15-9:30 Sat-Sun 1-3:20-7:15-9:30 Mon-Thu 7:15-9:30

Landmark Towne Cinema 8 301 Notre Dame Avenue, 204-947-2848

Apollo 18 (PG) Fri 7:30-9:30 Sat-Sun 1:15-3:30-7:30-9:30 Mon-Thu 7:30-9:30
Bucky Larson: Born to Be a Star (STC) Fri 7:15-9:30 Sat-Sun 1:15-3:45-7:15-9:30 Mon-Thu 7:15-9:30
Contagion (STC) Fri 6:45-9:15 Sat-Sun 1:30-4:6:45-9:15 Mon-Thu 6:45-9:15
Creature (18A) Fri 7-9:15 Sat-Sun 1:30-4-7-9:15 Mon-Thu 7-9:15
The Debt (14A) Fri 6:45-9:15 Sat-Sun 1:15-3:45-6:45-9:15 Mon-Thu 6:45-9:15
Don't Be Afraid of the Dark (STC) Fri-Thu 9:15
Our Idiot Brother (14A) Fri 7:15-9:30 Sat-Sun 1-3:30-7:15-9:30 Mon-Thu 7:15-9:30
Rise of the Planet of the Apes (PG) Fri 7 Sat-Sun 1-3:30-7 Mon-Thu 7
Shark Night (14A) Fri 7:30-9:30 Sat-Sun 1:30-3:45-7:30-9:30 Mon-Thu 7:30-9:30

SilverCity Polo Park 815 St. James Street, 204-774-1001

Apollo 18 (PG) Fri-Thu 1:10-3:50-6:40-9:30
Bucky Larson: Born to Be a Star (STC) Fri 2:10-4:40-7:40-10:15 Sat 1:30-3:45-7:40-10:15 Sun 1:40-4:40-7:40-10:15 Mon-Wed 2:10-4:40-7:40-10:15 Thu 2:10-4:40-6:50-10:15
Colombiana (14A) Fri-Sun 9:10 Mon 10:20 Tue-Thu 9:10
Conan the Barbarian 3D (18A) Fri-Sun 1:15-7:10 Tue-Wed 1:15-7:10 Thu 1:15-6:30
Contagion (STC) No Passes Fri-Tue 1:40-4:30-7:30-10:20 No Passes Wed 4:30-7:30-10:20 No Passes Thu 1:40-4:30-7:30-10:20 Star & Strollers Screening, No Passes Wed 1
Contagion: The IMAX Experience (STC) No Passes Fri-Thu 1-4-7-9:50
Creature (18A) Fri-Sun 1:50-4:50-7:50-10:30 Mon 1:50-4:50-7:50-10:10 Tue 1:50-4:50-7:50-10:30 Wed-Thu 1:50-4:50-7:50-10:10
The Debt (14A) Fri-Tue 12:40-3:25-6:30-9:20 Wed 3:25-6:30-9:20 Thu 12:40-3:25-6:30-9:20 Star & Strollers Screening Wed 1
Don't Be Afraid of the Dark (STC) Fri-Sat 1:20-4:15-7:15-9:45 Sun 4:15-7:15-9:45
Final Destination 5 3D (18A) Fri-Sun 4:10-10:05 Tue-Wed 4:10-10:05 Thu 4:10
The Help (PG) Fri-Thu 12:35-3:35-6:55-10:10
Last Night Of The Proms Live - BBC Proms 2011 (STC) Sat 1:30
One Man, Two Guvnors (STC) Thu 7
Our Idiot Brother (14A) Fri 1:30-4:20-7:20-10 Sat 4:20-7:20-10 Sun-Mon 1:30-4:20-7:20-10
Rise of the Planet of the Apes (PG) Fri-Thu 12:45-3:30-6:10-9
Shark Night 3D (14A) Fri-Sun 2-5-8-10:30 Mon 2-5-8-10:20 Tue 2-5-8-10:30 Wed-Thu 2-5-8-10:20
The Smurfs (G) Fri 12:50-3:20-6:20 Sat 12:50-6:20 Sun 12:50-3:20-6:20 Mon 12:50-3:20 Tue-Wed 12:50-3:20-6:20 Thu 12:50-3:20
Swan Lake Bolshoi Ballet (STC) Sun 1 Mon 6:30
Warrior (14A) Fri-Thu 12:35-3:40-6:50-10:15

SilverCity St. Vital 110-1225 St Mary's Rd, 204-256-3901

30 Minutes or Less (14A) Fri-Sat 1:20-4:10-7:20-9:50 Sun 4:30-7:20-9:50 Mon 7:20 Tue-Thu 4:10-7:20-9:50 Mon 1:20-4:10-9:50
Apollo 18 (PG) Fri-Mon 1:30-4:10-6:30-9 Tue-Thu 4:10-6:30-9
Colombiana (14A) Fri-Thu 9:10
Contagion (STC) No Passes Fri-Sun 1:40-4:30-7:30-10:10 No Passes Mon-Thu 4:30-7:30-10:10 Star & Strollers Screening, No Passes Mon 1
Crazy, Stupid, Love. (PG) Fri-Sun 1:10-3:50-6:40-9:30 Mon 3:50-9:30 Tue-Thu 3:50-6:40-9:30 Star & Strollers Screening Mon 1
Don't Be Afraid of the Dark (STC) Fri-Sun 1-4:20-7:40-10:10 Mon 1-4:20-10:10 Tue-Wed 4:20-7:40-10:10 Thu 4:20-10:10
Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Mon 12:50-3:50-6:50-10 Tue-Thu 3:50-6:50-10
Rise of the Planet of the Apes (PG) Fri-Mon 1:10-3:40-6:20-9:20 Tue-Thu 3:40-6:20-9:20
Shark Night 3D (14A) Fri-Mon 1-3:40-7-9:40 Tue-Thu 3:40-7-9:40
The Smurfs (G) Fri-Mon 1:30-4-6:30 Tue-Thu 4-6:30
Swan Lake Bolshoi Ballet (STC) Sun 1 Mon 6:30
Warrior (14A) Fri-Mon 12:50-4-7:10-10:20 Tue-Thu 4-7:10-10:20

BLOCKBUSTER CANADA CO.
STORE CLOSING SALE
25% OFF All DVDs & Blu-rays
25% OFF All Confection & General Merchandise
15% OFF All Games, Hardware & Acessories
SALE STARTS Sept. 9
For a listing of stores visit blockbuster.ca
Offer valid for a limited time and only on select titles at participating BLOCKBUSTER CANADA CO. stores in Canada.
Customer responsible for applicable taxes. Product selection and availability may vary by store. Offer void where prohibited by law.

TV picks

Seth Rogan takes over

GET READY TO GIGGLE. Fans of Canadian comic actor Seth Rogen will have a difficult choice to make Friday.

On the one hand, MuchMoreMusic is airing his 2007 breakout comedy Knocked Up, in which a hasty one-night stand extends another nine months — at least.

But then, Action is answering with his 2008 comedy Pineapple Express, in which a stoner who witnessed a murder goes on the lam with his dealer in tow.

Footballers have feelings

FREUDIAN HITS. The NFL season just started, but you don't need to be a gridiron junkie to dig Necessary Roughness, a breezy new drama that makes its Canadian premiere Friday.

The show centres on Rescue Me alumna Callie Thorne, who plays a divorced psychotherapist tasked with rehabbing a bad-boy pro football player (portrayed by Mehcad Brooks of True Blood).

THE CANADIAN PRESS

From Degrassi to dinosaur drama

Rising star Landon Liboiron set to star in Terra Nova ◗ Show imagines what it would be like to travel back to a time when dinosaurs ruled

IAN JOHNSTON
SCENE@METRONEWS.CA

"When you're six or seven, dinosaurs are these crazy, cool things. But as you get older, they kind of lose their magic. So working on this show has really brought back that childhood magic for me."

LANDON LIBOIRON

For Landon Liboiron, getting into character on the big budget dinosaur drama Terra Nova was as simple as walking onto its impressive Australian set.

"I remember the first time the whole cast walked through the gates of Terra Nova. It was just massive," says Liboiron, who plays Josh Shannon, the eldest son of a family who finds a new life 85 million years in the past.

"We were just in stunned silent. The director said he wished he had the cameras rolling. No acting required."

Executively produced by Steven Spielberg, Terra Nova is the buzzed-about TV show of the new fall season.

It's a time travel tale about a dying future world where the air is toxic and children are severely restricted.

The Shannon family seeks a way out with a risky plan to travel through time — back to an unspoiled earth millions of years in the past.

"My character is the oldest brother and the only one really not excited about going back in time," says the Vancouver-based Liboiron, who is probably best known to younger Canadian viewers as Declan on Degrassi.

"He has a life and a girlfriend and is at an age when he's starting to turn into his own man. So he's against going to Terra Nova."

But though the world of Terra Nova is unspoiled, it's not free of danger — the biggest being the local dinosaurs.

Liboiron says he's having a ball getting back in touch with his childhood love for all things dino-related.

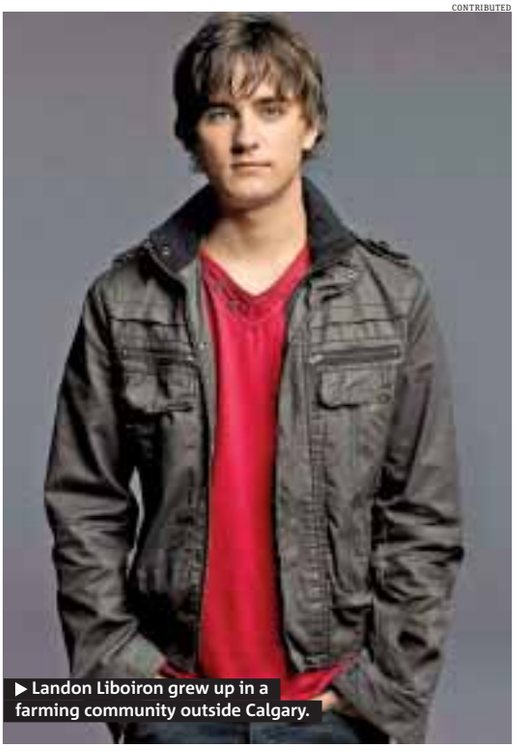
"When you're six or seven, dinosaurs are these crazy, cool things. But as you get older, they kind of lose their magic. So working on this show has really brought back that childhood magic for me."

But it's not like he gets to pet the big lizards.

They're all CGI, conjured up long after the cast has left the set.

"It's really a great challenge as an actor to create this world entirely behind your eyes."

CONTRIBUTED



▶ Landon Liboiron grew up in a farming community outside Calgary.

Dino-show

▶ **Terra Nova** premieres September 26 at 8 p.m. on CityTV.

I DON'T KNOW HOW SHE DOES IT
IN THEATRES SEPTEMBER 16
ALLIANCE
YOU COULD
WIN A PASS FOR TWO TO SEE THE SPECIAL ADVANCE SCREENING OF
I DON'T KNOW HOW SHE DOES IT
To register and for full contest details visit clubmetro.com
VISIT clubmetro.com TO ENTER

You Could WIN a pair of passes to the Da Vinci exhibit!
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com
Da Vinci
THE GENIUS
LIMITED ENGAGEMENT
Tickets 1 855 985 5000
ticketmaster.ca
MTS centre EXHIBITION HALL
DAVINCITHEGENIUS.COM
This Exhibition Has Been Created By Grande Exhibitions. The Anthropos Foundation, Italy and Pascal Cotte, France.
GRANDE EXHIBITIONS

Homecoming Weekend 2011

You're invited to UWinnipeg's annual celebration featuring tours, lectures, class reunions, a bocce tournament and more.

Saturday, September 10th, 2011

10:00 a.m. - 11:30 a.m.
Wesley Hall Tour and Restoration Slideshow - winner of Doors Open 2011 Award for Best Restoration (meet at doors of Wesley Hall)

12:00 noon - 1:00 p.m.
Wesmen Athletics Demonstration on the Portage Commons

12:00 noon and 1:00 p.m.
Tours of the Richardson College for the Environment and Science Complex

12:00 noon - 2:00 p.m.
Community Barbecue (Portage Commons)

1:00 p.m.
Bocce tournament on the Portage Commons (sign up as an individual or team - $40 entry fee for a team of four with proceeds to The Opportunity Fund). Registration at noon on-site.

2:00 p.m. and 3:00 p.m.
Campus Walking Tours (meet at the doors of Wesley Hall)

Sunday, September 11th, 2011

10:30 a.m.
Ecumenical Service of Worship (Convocation Hall, second floor of Wesley Hall)

11:30 a.m.
Pancake Breakfast (Riddell Hall Cafeteria)

To find out more, call 988-7118, e-mail alumni@uwinnipeg.ca or visit UWinnipeg.ca and click on Alumni.

THE UNIVERSITY OF WINNIPEG

The talented and talentless

Both groups welcome to audition for Canada's Got Talent • Tryouts will take place at the Westin Bayshore

IAN GORMELY
SCENE@METRONEWS.CA

Never underestimate a person's lack of self-awareness.

Nowhere is this mantra more apparent than on skill-based reality television, where a complete and utter lack of talent never fails to dissuade the talentless from auditioning.

Of course, this kind of public embarrassment is what fuels ratings for shows like American Idol and the X Factor.

And soon enough you'll be able to add a new show to that list: Canada's Got Talent hits the airwaves next spring, with auditions rolling out across the country this fall.

"It blows your mind when you do a show like this, how many people think that they've got a talent and what level of excellence that may or may not be," says John Brunton, the show's executive producer and a veteran of similar reality fare.

"I saw singers on (Canadian) Idol who thought they should be on the radio. It was like hearing nails on a chalkboard."

Anyone thinking of auditioning might want to consider some of Brunton's advice to avoid potential public embarrassment.

Above all else, he says, the producers are looking for entertainment. They want someone who is funny or unique.

And of course, they're looking for people who are outstanding in their field.

While Brunton maintains that you can't tell a book by it's cover, citing U.K. singing phenomenon Susan Boyle as proof, there are certain signs that giveaway someone that's about to crash and burn.

"When the guy comes out on the stage and he can't make eye contact or the person is so nervous that you can see the sweat dripping off their nose," he says, "there are all sorts of tells."

That said, Brunton wants people to know that all are welcome to participate, no matter what their talent (or lack thereof) might be. "We're not there to hammer people, we're there to celebrate diversity."

Auditions for Canada's Got Talent run from Sept. 19-20 at the Westin Bayshore.

Auditions

- Thinking of auditioning? Don't expect an Idol-like set-up with a panel of judges determining your future in the blink of an eye.
- In order to better handle the expected 20,000 entrants, every act that auditions will be taped, with judgement reserved for behind the scenes.
- A spartan team of six to 10 producers and judges will then sift through the multitude of magicians, singers and dog acts between now and Christmas, whittling thousands down to hundreds.
- Says Brunton of the numbers: "It's staggering."

ERIC LIEBOWITZ

▶ A lineup of hopefuls for the American version of Got Talent are pictured in New York.

Winnipeg Pet Rescue Shelter
Manitoba's first registered charity NO-KILL animal shelter
Wags and Wagers
2nd Bi-Annual Poker Tournament
Tickets available at
The Winnipeg Pet Rescue Shelter
3062 Portage Avenue
889-8467
Poker lessons at 6:30
Tournament starts at 7:00 sharp
70/30 split
Texas Hold-em
Re Buy/Add-On options
$60.00 per ticket
Saturday October 1, 2011
Tournament draw to win your 60.00 back!!! Prizes!!!!
Registered Charity # 866006273RR0001
www.petrescueshelter.com
P-P-P-P- PokerFace
Station Casino

Transcona Collegiate Celebrates 50 Years

Transcona Collegiate will be celebrating 50 years in their current building on Saturday, September 24, 2011. This is not to be confused with a 50th Reunion as Transcona Collegiate Institute existed prior to the lifetime of its current building. TCI had a major addition completed in September, 2001 and has recently experienced major renovations. This is a great opportunity for community members and alumnus to visit the school, see all the improvements over the years, and visit with friends and neighbors.

The agenda for the celebration on Saturday, September 24th, 2011 is as follows:

10:00 – 11:30	Pancake Breakfast	Gymnasium
10:00 – 11:00	Slideshow	Gymnasium
10:15 – 11:00	Tours of the Building	Foyer
11:00 – 11:30	Entertainment	Gymnasium
11:30 – 12:00	Speeches	Gymnasium
12:00 – 1:00	Slideshow	Gymnasium
12:00 – 1:00	Open House	School

Home of the Titans

For more information contact Greg Daniels, principal of Transcona Collegiate at gdaniels@retsd.mb.ca

Hudson a 'brat': Dad

Father has nasty words for actress Kate Hudson in his new book

TODD WILLIAMSON/GETTY IMAGES

▶ Kate Hudson

Bill Hudson, Goldie Hawn's ex-husband and Kate Hudson's estranged father, has some stories to tell in his new book, 2 Versions: The Other Side of Fame and Family — and chances are Kate won't be too thrilled about them.

"She has done stuff which is just awful," Bill writes, according to Radar Online. "She is a spoiled brat in my eyes." His biggest gripe? That Kate hasn't been in touch with her grandmother, who is battling Alzheimer's.

"Kate doesn't have to talk to me and she doesn't have to give her a dime of her millions. All I want is for her to call and say, 'Hi grandma,' before it's too late," he writes. METRO

Celebrity tweets

@kathygriffin

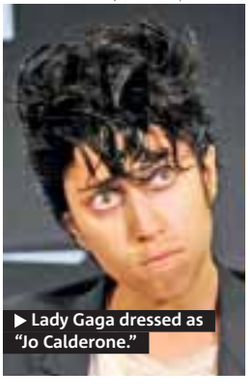
Hey LA, where's the gas station parking lot that has the food trucks? Is it open right now?

@HankAzaria

Actually have a break on the set of the new NBC show I'm shooting. Which I choose to fill by tweeting, apparently.

Gaga has no problem being alone

JASON MERRITT/GETTY IMAGES



▶ Lady Gaga dressed as "Jo Calderone."

She may be a successful touring pop star with at least two vibrant onstage personalities, but Lady Gaga admits she spends most of her time by herself — not that that's a problem.

"When you're alone as much as I am, you become accustomed to your solitude and embrace it," she tells Harpers Bazaar.

"I work about 16 to 20 hours a day. And when I'm alone, I write, I imagine, I create things, and I decide how I want to do my future performances. I don't take much time off." METRO

Jessica Simpson loves her twins

Jessica Simpson

Jessica Simpson heard the reports that she's planning to get a breast reduction in advance of her upcoming wedding, and she's not too happy about them.

The voluptuous singer took to Twitter to clear things up.

"Been getting lots of questions about this alleged breast reduction," Simpson wrote.

"Not to worry. I love my boobies! They aren't going anywhere!" METRO

"ONE OF THE YEAR'S BEST FILMS!"
LEONARD MALTIN, MALTIN ON MOVIES
"KRISTIN SCOTT THOMAS IS EXCELLENT!"
RACHEL SALTZ, THE NEW YORK TIMES
"POWERFUL!"
KENNETH TURAN, LOS ANGELES TIMES
LUMIÈRES 2011 FOREIGN PRESS BEST ACTRESS KRISTIN SCOTT THOMAS
TOKYO FILM FESTIVAL AUDIENCE AWARD
★★★★★ LE PARISIEN
★★★★★ LE FIGAROSCOPE
KRISTIN SCOTT THOMAS
SARAH'S KEY
A FILM BY GILLES PAQUET-BRENNER
PG MATURE THEME
www.azfilms.ca
STARTS TODAY!
ORIGINAL FRENCH AND ENGLISH VERSION WITH ENGLISH SUBTITLES
EMPIRE THEATRES GRANT PARK 8 CINEMAS
CHECK THEATRE DIRECTORIES FOR SHOWTIMES

CUSTOM HOUSE
A WESTERN UNION COMPANY

WESTERN UNION

SEE OUR NEW LOOK AND EXPERIENCE OUR SAME GREAT SERVICE.

VISIT THE BRANCH TODAY!

- Foreign Currency: 100+ currencies generally within a 48 hr period
- Major Foreign Currency: typically 15+ seasonal on-hand
- USA and Canadian money orders

Winnipeg Cash Branch - 243 Portage Avenue | Phone 204.987.6000 - Toll Free 1.800.667.6004 | winnipegretail@business.westernunion.com

3 life

Going global

Canada's ethnic diversity is celebrated in a new cookbook.

The International Collection: Home-Cooked Meals From Around the World by Canadian Living magazine's test kitchen staff (Transcontinental Books, $27.95) boasts about 220 recipes.

THE CANADIAN PRESS

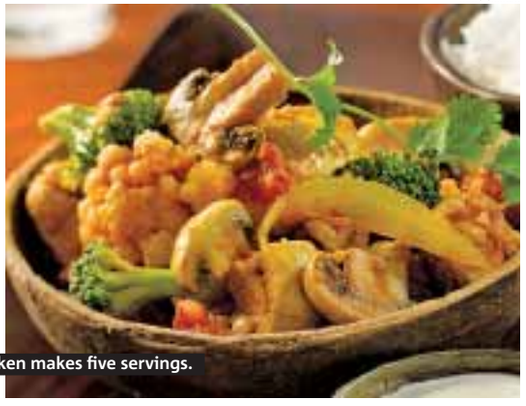
Old-style apples from yore making a comeback in many U.S. orchards.

An Indian affair

Dishes from India are all about spice As the seasons change, bring back the heat with this Tandoori Grilled Chicken and Quick Curry Chicken

THE CANADIAN PRESS H/O

NEWS CANADA



The Tandoori Chicken serves four, while the Quick Curry Chicken makes five servings.

These recipes offer a contemporary take on Indian cooking by employing unlikely ingredients.

Grilled Tandoori Chicken Preparation:

1. In bowl, whisk yogurt with tandoori paste and 15 ml (1 tbsp) lemon juice. Cut chicken into bite-size chunks; add to yogurt mix and stir. Refrigerate, stirring occasionally, for 30 mins or covered overnight.
2. Cut each peach into 4 wedges. In bowl, toss peaches, 5 ml (1 tsp) lemon juice, oil and 30 ml (2 tbsp) coriander.
3. Thread chicken onto 4 skewers; thread peaches onto 4 skewers. Sprinkle all with salt. Place chicken on greased grill over medium heat; grill, turning for 7 mins. Add peach skewers; grill until juices run clear when chicken is pierced and peaches are warm, 3 mins. During last min of cooking, grill naan.
4. To serve, top each naan with 1 peach skewer, 1 chicken skewer and dollop of raita. Sprinkle with remaining coriander. THE CANADIAN PRESS/ FOODLAND ONTARIO

Quick Curry Chicken Preparation:

1. In deep saucepan heat oil over medium–high heat. Add onion and stir–fry 3 mins; add mushrooms and stir–fry 4 mins. Stir in garlic, 3 tbsp (45 mL) curry paste and cinnamon; then add quartered chicken thighs and stir–fry 3 mins. Stir in tomatoes with juice; cover and reduce heat to medium–low and cook 10 mins. Taste and stir in more curry if desired. Add cauliflower and lentils; bring to boil, cover and cook about 5 mins. Stir in cilantro and serve topped with a dollop of yogurt. Accompany with naan bread or basmati rice. NEWS CANADA

Shopping List:

Grilled Tandoori Chicken
- 50 ml (1/4 cup) plain yogurt
- 20 ml (4 tsp) bottled tandoori paste
- 1 lemon
- 500 g (1 lb) boneless, skinless chicken breasts
- 3 firm but ripe peaches
- 5 ml (1 tsp) olive oil
- 45 ml (3 tbsp) finely chopped fresh coriander
- Salt, to taste
- 4 small naan bread
- Raita

Quick Curry Chicken
- 2 tbsp (25 mL) oil
- 1 medium onion, cut in thin wedges
- 1 lb (500 g) sliced fresh Mushrooms (white)
- 2 cloves garlic, minced
- 3–4 tbsp (45–60 mL) mild Indian curry paste
- 1 tsp (5 mL) cinnamon
- 1 lb (500 g) skinless, boneless chicken thighs, cut into quarters
- 1 can (28 oz/796 mL) diced tomatoes
- 3 cups (750 mL) small cauliflower florets
- 1 can (19 oz/540 mL) lentils, drained and rinsed
- 1/2 cup (125 mL) chopped fresh coriander
- 1/2 cup (125 mL) plain low fat yogurt

Historical day remembered

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

I'm always amazed at how wine works its way into so many of my life's most memorable moments. Sometimes, it's just part of the fun. Other times, it has a supporting role in the unfolding events.

Ten years ago this Sunday, I was at work. It was a Tuesday. I was having an average day, like so many of you. Mine just happened to involve tasting about 50 wines. A co-worker interrupted me to say a plane had crashed into the World Trade Center in New York. We turned on the TV in time to watch the second plane hit.

Of all the things I remember about that day, the fact that I was tasting Italian wine has never left me and I've uncorked a bottle from Italy to commemorate 9-11 every since.

This year, it will be the Rocca delle Macìe 2007 Famiglia Zingarelli Chianti Classico ($18.95 - $21.98): A classically designed Tuscan red with a rich, full-bodied expression of cherry fruit and oak that's a fine partner for reflection. PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Buy For: $49

WagJag.com DEAL OF THE DAY!

65% off Slimming Spa Sessions

HIGHLIGHTS
- Relax, recharge, rejuvinate.
- Professional, educated staff.

Regular Price: $140
You Save: $91
Discount: 65%

Japanese inspiration

Maki Rolls & Corn Edamame Salad make a perfect option for a lighter lunch Try serving either of them as an appetizer at your next gathering

BOTH PHOTOS: THE CANADIAN PRESS H/O

This recipe makes 24 rolls.

These mouth-watering whole-grain brown rice maki rolls combine sweet red bell pepper with mango and creamy avocado for a deliciously light bite.

Ingredients:

- 500 ml (2 cups) water
- 250 ml (1 cup) short-grain brown rice
- 50 ml (1/4 cup) mirin
- 50 ml (1/4 cup) low-sodium soy sauce
- 15 ml (3 tsp) sugar, divided
- 45 ml (3 tbsp) rice vinegar (not seasoned)
- 1 ml (1/4 tsp) salt
- 4 pieces toasted nori seaweed
- 16 pieces each julienned red bell pepper, avocado, peeled mango
- 45 ml (3 tbsp) toasted sesame seeds

Preparation:

1. In a large saucepan, bring water and rice to a boil. Reduce heat to low, cover and simmer until all liquid is absorbed and rice is tender, about 40 minutes (this time can vary greatly depending on brand of rice and size of pot so start checking at 30 minutes). If liquid is absorbed but rice is still too hard, let sit covered for up to 20 minutes and rice will soften. Do not stir rice while it is cooking.
2. Meanwhile, combine mirin, soy sauce and 7 ml (1 1/2 tsp) of the sugar. Bring to a simmer in a small saucepan until slightly thickened, about 3 minutes. Set aside.
3. Spread warmed rice onto a rimmed baking sheet. Whisk together vinegar, salt and remaining sugar. Drizzle over rice and toss with two spatulas to coat rice.
4. Place piece of nori on a bamboo mat (or piece of heavy-duty aluminum foil) with the short side facing you. Wet fingertips with warm water and pat about 125 ml (1/2 cup) of seasoned rice into a 5-cm (2-inch) wide strip on the bottom of the sheet.
5. Drizzle 5 ml (1 tsp) mirin sauce over rice; place 4 strips each red pepper, avocado and mango over the sauce; then sprinkle with 5 ml (1 tsp) of toasted sesame seeds. Using bamboo mat to help, roll maki closed, getting mat out from inside maki as it rolls up. Press closed mat over roll to seal roll. Trim ragged edges and slice into 6 pieces with a wet sharp knife
6. Repeat with remaining nori, rice, mirin sauce, pepper, avocado and mango. Serve rolls with sauce. THE CANADIAN PRESS/ RICEINFO.COM

Corn Edamame Salad

Ingredients:

- 125 ml (1/2 cup) walnut halves, toasted
- 50 ml (1/4 cup) olive oil
- 1 clove garlic
- 30 ml (2 tbsp) miso paste
- 30 ml (2 tbsp) white wine vinegar
- 5 ml (1 tsp) honey
- 50 ml (1/4 cup) warm water
- 375 ml (1 1/2 cups) shelled edamame
- 750 ml (3 cups) corn
- 125 ml (1/2 cup) each diced red and orange pepper
- 2 green onions, sliced
- Salt and pepper, to taste

Preparation:

1. Toasting walnuts: In a large dry skillet over medium-high heat, toast walnuts, stirring occasionally until lightly brown, 2 minutes.
2. Dressing: Blend walnuts, olive oil, garlic, miso paste, vinegar, honey and water in a blender or with an immersion blender until smooth; set aside.
3. In saucepan, bring 750 ml (3 cups) of water to a boil and add edamame. Cook for 2 to 3 minutes. Drain and rinse under cold water and place in a large bowl. Add corn, peppers, onions and dressing. Mix well and season to taste. Serve. THE CANADIAN PRESS/ CALIFORNIA WALNUT COMMISSION

WINDOWS WINDOWS WINDOWS
Yes! Your Overpaying Elsewhere!
BURRON LUMBER SAYS
✓Custom orders are delivered faster-less waiting
✓All our premium windows sell for less money
✓We do in home window quotes for free
✓We install professionaly at Winnipeg's lowest prices
Compare Anywhere! Go Anywhere!
1800 Windows arriving about Sept. 20/11
WE NEED ROOM FOR THEM!!
COMPARE NOW Pay Only
Buy Now! Yes!! ✓Instant pick-up Pay Only
Vertical Sliders
20 x 30 - 49.99 35 x 70 - 149.99 30 x 48 - 65.99
24 x 46 - 79.99 37 x 64 - 149.99 36 x 48 - 79.99
28 x 61 - 139.99 39 x 68 - 149.99 24 x 26 - 69.99
33 x 65 - 149.99 41 x 57 - 149.99 24 x 60 - 79.99
Horizontal Sliders
36 x 24 - 49.99 36 x 36 - 59.99
36 x 30 - 79.99 40 x 22 - 79.99
Casement Premium
12 x 24 - 49.99 14 x 24 - 49.99
(our cost is over 180.00)
Over 3000 More-Ready For Instant Pick Up
Picture Over 16" Slider 60 x 72 - 219.99 With Grills 219.99
Slider Picture Slider 72 x 60 - 249.99 With Grills 249.99
(Note - Some with Low E only, or insulated glass only - ask - all kinds)
ONLY AT BURRON LUMBER 911 Lagimodiere Blvd. at Marion in Winnipeg
35 Years Same Location - Same Owner - Same Respectful Service
Ph: 235-0700 Fax: 235-1528 burron.ca BurronLumber@hotmail.com

WORK BETWEEN PLAY.
Flexible hours.
We're hiring.
Enrol in our Tax Training School, the most comprehensive tax training program in Canada, and start a career that lets you live life your way.
As one of our tax professionals you could enjoy the benefits of seasonal full or part-time work and flexible hours. Classes start mid-September.
Register online at hrblock.ca
or call 1-877-32BLOCK (322-5625)
Enrolment restrictions may apply. Enrolment in, or completion of, the H&R Block Tax Training School is neither an offer nor a guarantee of employment. This course is not intended for, nor open to any persons who are either currently employed by or seeking employment with any professional tax preparation company or organization other than H&R Block.
H&R BLOCK®

4 sports

Strangers to the end zone

Blue Bombers' offensive players vow to pull more weight in rematch with Roughriders

LIAM RICHARDS/THE CANADIAN PRESS

▶ Winnipeg running back Fred Reid takes a handoff from quarterback Buck Pierce in Regina last week.

Fred Reid doesn't have his finger poised over the panic button.

The same goes for quarterback Buck Pierce and offensive lineman Brendon LaBatte.

Even though the Winnipeg Blue Bombers only scored a pair of field goals and a punt single in last weekend's 27-7 loss to Saskatchewan, Reid and his teammates on offence are confident heading into Sunday's rematch against the Roughriders at home.

"We know we're going to do more on our part here in the second half of the season," the running back Reid said after practice Thursday.

"We've just got to keep coming out and working no matter who's finger pointing or whatever. We know what we've got in this locker-room."

The Bombers still lead the CFL with a 7-2 record, but much of the success has been attributed to the defence.

Critics say the offence has just done enough to take advantage of opportunities the Bombers defence has presented.

Winnipeg is last in the league in touchdowns (17) and first downs (154), second from the bottom for most net yards (2,937), and fifth in points scored (219).

Reid dropped to third in the rushing standings this week, with 585 yards from a league-high 149 carries. His average of 3.9 yards per carry is the lowest among the top three rushers.

Montreal's Brandon Whitaker has run 102 times for 670 yards (6.6-yard average) and Hamilton's Avon Cobourne is second with 621 yards off 102 carries (five-yard average).

"I've got to just keeping working hard, just keep plugging away and it's going to come," said Reid, who has yet to notch a 100-yard game this year.

"Maybe sometimes it's on my part. But like coach (Paul LaPolice) says, it's all around the board. As a team we've just got to come together and clean it up and just get on the same page.

Blue Bombers lineup notes

- Receiver Terence Jeffers-Harris didn't practise again Thursday due to back spasms.
- Defensive tackle Dorian Smith (ankle) is unlikely to be ready for Sunday's game.

RIDERS | BOMBERS

- **Time:** 3 p.m., Sunday
  TV: TSN

"There's no need to panic. We have nine games left."

Pierce has thrown for 2,013 yards, the lowest among starting quarterbacks except for Cleo Lemon (1,636), who was cut by Toronto this week.

"I agree we have to get better; we have to get better as a team," Pierce said.

LaBatte added that there is no finger pointing in the locker-room.

"We recognize that we have to get better, but I definitely don't think there's a huge split amongst the team thinking that the offence is dragging the team down or anything like that," the offensive lineman said. THE CANADIAN PRESS

Quoted

"For two years, I was kind of taken out of football a little bit. Now, I'm back in it and am truly enjoying the game again and I truly enjoy coming into practice or coming into work every day."

NEW ENGLAND PATRIOTS DEFENSIVE LINEMAN ALBERT HAYNESWORTH. IN HIS TWO SEASONS OF A SEVEN-YEAR, $100-MILLION US DEAL WITH THE REDSKINS, HE PLAYED JUST 20 GAMES WITH 6½ SACKS.

Strong Families, Healthy Communities
Issues That Matter To You
Manitoba Liberals

Blame shifts to Barker if Jyles is another lemon

CFL EXTRA POINTS

DAN TOTH
WINNIPEG@METRONEWS.CA

Whose tires will Jim Barker be pumping on TSN's dreadful behind-the-scenes Argos show now that Toronto has punted quarterback Cleo Lemon?

Despite regularly flogging media and fans with the notion Lemon was evolving into a bona fide CFL starter, Barker's frustration finally matched the fans' desire to see a real prospect take over the offence.

Lemon wasn't terrible, but the pocket passer finally wore out his welcome after getting benched against B.C., despite completing 11 of 14 passes. Lemon's obvious displeasure with the decision, possibly magnified because of a bonus for games started, forced Barker to end this two-year experiment.

Argo hopes now rest with Steven Jyles, back from the nine-game injured list, who will work with an uninspiring receiving corps led by a past-his-prime Jeremaine Copeland.

If the 2-7 Argos continue sliding with Jyles in the starting role, Barker will be forced to explain how he's failed to develop a CFL quarterback in two seasons in Toronto.

Out with the new, in with the old in Regina:

You've got to give Grandpa Ken Miller some credit for pulling the Roughriders from their death bed after firing head coach Greg Marshall.

It's hard to imagine how the Roughies, lifeless through the first eight games, could be resuscitated for the Labour Day Classic. But their win over Winnipeg was nothing short of sensational and convinced many that the team will now make a serious run for a playoff spot, despite a 1-7 start.

Teams typically react with an emotional and inspiring performance when a coach is replaced, so this could be just a one-game apparition. But Miller does have a way of inspiring his troops that could have sustaining power. Next month the man turns 70 and the last thing his heart needs is the stress and strife of a coaching career.

Don't jump ship on Alouettes just yet:

The Hamilton Tiger-Cats' 41-point outburst against Montreal last weekend might signal changing tides in the East.

That said, the Alouettes were without four defensive starters, so the Tabbies should temper their enthusiasm. The Als entered the game missing Etienne Boulay, Mark Estelle, Shea Emry and Jerald Brown.

The second-place Ticats might be ready to challenge the Grey Cup champs in the East, but only playoff success in November will prove the Hamilton club is for real.

Hasselbeck upbeat about Titans

New QB says working with Johnson and Britt will make his job easier

Matt Hasselbeck now can look around the huddle and see both three-time Pro Bowl running back Chris Johnson and top receiver Kenny Britt. It's a combination that the new Titans quarterback says makes his job easier.

With Jacksonville's move to dump David Garrard on Tuesday and promote Luke McCown to starter, the Titans now have an edge in experience at quarterback going into Sunday's opener.

And though Hasselbeck has only practised with the team since Aug. 4, he has impressed his new teammates enough that they voted him their offensive captain. Coach Mike Munchak calls that a testament to how quickly Hasselbeck made an impression.

Left tackle Michael Roos said Thursday they trust Hasselbeck 100 per cent to make any change at the line and run the offence.

"He's been around. Every now and then, he might accidentally start calling a play that used to be for the Seahawks. He catches himself and calls the play the right way. He knows if he sees something, he knows how to get us out of it if it's a problem and into something that'll work," Roos said.

Johnson has been around Hasselbeck only since Saturday, and he says the quarterback can make sure he knows everything needed before leaving the huddle. Johnson sees the quarterback going into his 13th NFL season as a good leader for a team trying to rebound from a 6-10 record last season.

"I feel like he's a person who can step in and get us to the playoffs," Johnson said.

That could be a lot of pressure on a quarterback, which Hasselbeck is downplaying, pointing out he's just one of the new players in new places this season.

"My hope is we can be winning games as we're learning, as we're getting better, as we're working through things that my hope is we can be winning games throughout that process," Hasselbeck said.

Hasselbeck led the Seahawks to an NFC West title in 2010 when he threw for 3,000 yards for the seventh time in his career. He goes into Sunday's opener just 421 yards passing shy of 30,000 for his career. Offensive co-ordinator Chris Palmer thinks Hasselbeck has a good handle on the offence with terminology the biggest remaining challenge as the quarterback works to become comfortable enough that he's playing without thinking, and Palmer said he's doing a very nice job.

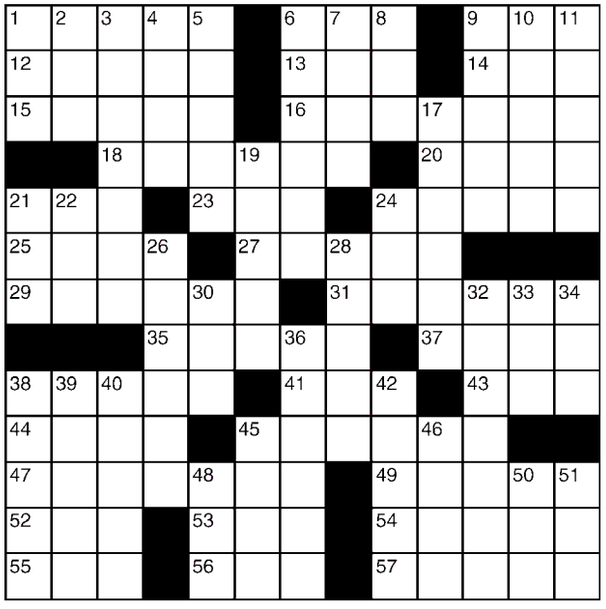
THE ASSOCIATED PRESS

GRANT HALVERSON/GETTY IMAGES

▶ Matt Hasselbeck waves to fans as he leaves the field.

Paintball games and supplies • Indoor • Outdoor • Proshop
VISIT OUR PROSHOP!
WE SELL PAINTBALL AND AIRSOFT EQUIPMENT!
PAINTBALL PARADISE
Proshop - 1850 Portage Ave
204.338.1535 • www.paintballparadise.com

Crossword



Across

1 Superheroes' garments
6 "Wham!"
9 Noun following a prep.
12 Tequila source
13 — pro nobis
14 Macabre author
15 Riddle
16 Wine experts
18 Family-related, in a way
20 Raw rocks
21 That girl
23 Corpulent
24 Don't blink
25 Mine, partially
27 Winter warmer
29 "Raging Bull" star
31 Claim
35 Comes to earth
37 Take to the seas
38 Bread
41 Symbol of intrigue
43 Crafty
44 "— for All Seasons"
45 Most contemptible
47 Skill
49 Winning
52 "Eureka!"
53 Scooted
54 Trunk
55 Mineo of movies
56 Get on
57 Feel

Down

1 Upper limit
2 Back
3 Part of a horse's leg
4 Always
5 Letter line
6 Spud
7 Exam format
8 Existed
9 "Tosca," for one
10 Hole-making bug
11 Ventura or Eisenberg
17 Comes to
19 Breakfast strips
21 Turf
22 Color
24 Scale member
26 Mum
28 Docket entries
30 Shaft of light
32 Oriental
33 Hodges of baseball
34 TV Tarzan player
36 Wrestler-turned-actor Johnson
38 Half a 1960s quartet
39 Nebraska city
40 Twangy
42 Triumphs over
45 Boast
46 Loafer, for one
48 Historic time
50 Nincompoop
51 Buck's mate

▶ Yesterday's answer

C	A	S	H	■	I	C	I	■	F	L	A	T
L	U	T	E	■	N	O	N	■	I	N	R	E
A	R	I	A	■	S	E	C	■	E	S	N	E
P	A	R	R	O	T	■	H	U	S	T	O	N
■	■	■	S	K	I	■	■	P	T	A	■	■
F	A	I	T	■	N	U	I	S	A	N	C	E
O	W	N	■	■	C	N	N	■	■	C	A	L
R	E	S	T	A	T	E	S	■	S	E	M	I
■	■	T	A	X	■	■	T	O	W	■	■	■
S	O	R	B	E	T	■	A	Z	A	L	E	A
E	L	U	L	■	H	A	L	■	T	O	L	D
R	A	C	E	■	I	L	L	■	H	O	L	D
A	N	T	S	■	S	I	S	■	E	K	E	S

Sudoku

	9		3		5	8	1	
					1			6
7						2		3
	4		2			5	8	
				3				
	8	6			4		7	
3		9						8
1			8					
	6	5	1		7		3	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	8	5	7	6	4	2	3	9
4	7	9	5	2	3	6	1	8
6	2	3	9	1	8	7	4	5
7	3	6	2	4	5	9	8	1
2	5	8	1	9	7	3	6	4
9	1	4	3	8	6	5	7	2
3	9	1	4	7	2	8	5	6
5	6	2	8	3	1	4	9	7
8	4	7	6	5	9	1	2	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

JJ, I love u more & more everyday, u make me so happy. I'm blessed to be with u & be starting a family. We have our whole lives ahead of us & I couldn't imagine anyone else beside me. **GRUMPY**

Reggie, I Think Your Lovely ;) **DONATELLA**

Lucky 7, Hope they publish this so you can read it on the train. Have a happy swords day! **RUNNIEBUNNIE**

Dear Charles, It was awhile ago, but I was a fool that morning. To be honest, I was a little overwhelmed and not thinking. Two seconds after you left, the conversation caught up to me and I wanted you to come back so I could apologize. So if you can forgive my tactlessness, I would love to go out for some intelligent conversation with you. Regretfully, **BOOKSTORE GAL**

A look at the weather

BT BREAKFAST TELEVISION

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

TODAY	SATURDAY	SUNDAY
Min 14° Max 31°	Min 14° Max 32°	Min 10° Max 26°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If you sit back and wait for good things to come your way, they will. Enjoy your good fortune. You deserve it.

♉ Taurus April 21-May 21 A friend will ask you for relationship advice. Make it clear your advice doesn't come with a guarantee.

♊ Gemini May 22-June 21 Honesty is essential if you are to resolve an issue that has been dragging on for weeks.

♋ Cancer June 22-July 22 Something will happen today that shakes your faith in your five senses. You have a sixth one, too.

♌ Leo July 23-Aug.23 The Sun in Virgo will help you cash in on your insights and ingenuity today.

♍ Virgo Aug. 24- Sept. 22 Mercury moves back into your birth sign today, helping you to make sense of things that too often seem random or meaningless.

♎ Libra Sept. 23-Oct. 23 Don't take it personally if a friend is critical today. He or she is most likely more annoyed with him or herself.

♏ Scorpio Oct. 24-Nov. 22 You are desperate to do something more exciting, something that rises above the mundane.

♐ Sagittarius Nov. 23-Dec. 21 Be more adventurous today and don't worry too much if you tread on toes — that's what toes are for.

♑ Capricorn Dec. 22-Jan. 20 What happens over the weekend will challenge you to up your game. You're a mover and shaker.

♒ Aquarius Jan. 21-Feb. 18 You will have to leave something behind over the next few days. It will soon be replaced, no worries.

♓ Pisces Feb. 19-March 20. You will be on the go from dawn to dusk today. This evening, you'll really speed up. **SALLY BROMPTON**

Caption contest

ALVARO BARRIENTOS/ THE ASSOCIATED PRESS

RICK BOWMER/ THE ASSOCIATED PRESS

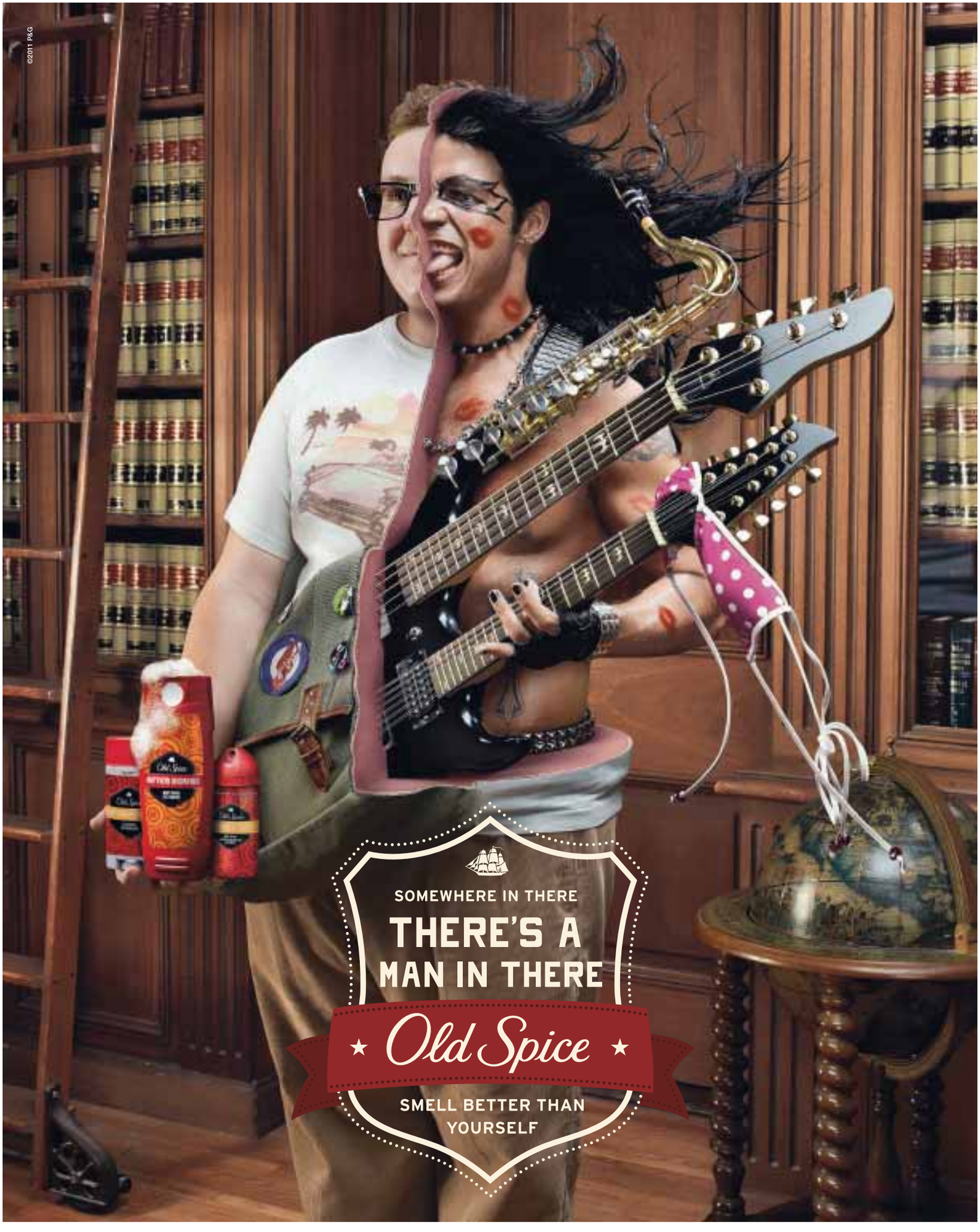
WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

HAKIM OPTICAL
2 PAIR
HAKIM DESIGNER EYEGLASSES
Plus!
bring a FRIEND, get some BENEFITS
SAVE AN EXTRA 20%
OFF BOTH OF YOUR 2 PAIR PURCHASES OF HAKIM DESIGNER EYEGLASSES
FROM $199
Show Us Your Style
Over 155 Discount Outlets... 110 One Hour In-Store Labs
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
App Store
metro play


©2011 P&G
SOMEWHERE IN THERE
THERE'S A MAN IN THERE
Old Spice
SMELL BETTER THAN YOURSELF

The kids are back to school!

Celebrate your freedom with this great $64 special at City Looks Salon & Spa

HURRY! We only have 47 packages available at this price, so book now to avoid disappointment! CALL City Looks at 204-896-3177 NOW!!
This feature is with select stylists and based on availability

Renew my hair & brows Package

- Signature Style Cut & Blow-dry
- Professional Eyebrow Arch
- **FREE** Professional Consultation
- **FREE** Redken repair & moisturizing treatment
- **FREE** Hand paraffin moisturizing treatment
- **FREE** hair styling lesson - we'll show you expert tips & techniques so you can style your hair at home with ease... *great for revitalizing after the school holidays!*

But what do our regular guests think?

"I love City looks I've been going to them for 5 years now, and they always do an amazing job!"

-Helen, Accountant

Our Guarantee: in the unlikely event you're not *completely* delighted we'll refund your investment or re-do it FREE

Just $64

Valued at $119

City Looks
SALON and SPA
www.citylooks.ca

3900 Grant Avenue*at the end of the Moray Bridge
Free Parking
Open 6 days a week 9am-9:30pm Weekdays.
8am-6pm Saturdays